



29th Annual NIDCAP Trainers Meeting
Sheraton Porto Hotel
Porto, Portugal
20 – 23 October 2018

“Love and Bonding in the Newborn Unit”

Focus Themes:

Infant Mental Health
Sensory Nurturance
Global Perspective of NIDCAP

Friday, 19 October 2018

[Pre-Meeting]

- **VII Jornadas Ibéricas NIDCAP**, Faculty of Medicine, Porto University, 1000 – 1700
Registration is required; all are welcome to attend. Official languages: Portuguese and Spanish
(optional lunch available at the University at an additional cost)

Saturday, 20 October 2018

- Welcome
- Mutual Introductions
- Accomplishments and Overview of Training Efforts
- Workshop: Global NIDCAP
- NFI discussion/reflection “What are the NFI’s next steps”
- Lunch & Photo Session
- Workshop: Nurturing the Trainer Session
- Abstract Session
- Evening Excursion: Concert by The Porto Symphony Orchestra at Casa da Musica
- Dinner at Serralves Restaurant, located in the Museum Serralves

Sunday, 21 October 2018

- Tribute to Dr. T. Berry Brazelton *Heidelise Als, PhD*
- NIDCAP Nursery Program Session
- Can technology support bonding between parents and infants? *Deedee Kommers, PhD*
- Reflection/Discussion on Technology in the NICU
- Abstract Session
- Lunch
- NFI Membership Meeting
- Afternoon Excursion: *Six Bridges Boat Tour on the Douro River; Port Wine Cellars Tour*
- Dinner in a Port Wine Cellar with Fados (Portuguese music)

Monday, 22 October 2018

Open Day Conference

- Welcome: *Hercília Guimarães, São João NIDCAP Center Team*
- 16 Years of NIDCAP in Porto *Hercília Guimarães, MD, PhD*
- General Session: Am I Ready for Your Love? *Pedro Caldeira da Silva MD*
- Translation into Practice: Supporting the infant *NIDCAP Trainers and Professionals*
- General Session: Sensory Nurturance in the NICU *Pierre Kuhn. MD, PhD*
- Translation into Practice: Nurturing Environment *NIDCAP Trainers and Professionals*
- Lunch
- Training Center Open Ceremony with official entities
- General Session: Can the quality of mother-infant interaction compensate for the adverse effects of prematurity? *Isabel Soares, Psychologist, PhD*
- Translation into Practice: Family-infant support *NIDCAP Trainers and Professionals*
- Abstract Session
- Cocktail Hour “Porto de Honra” and Poster Session
- Gala Dinner at Sheraton with Music and Dancing to Follow

Tuesday, 23 October 2018

- NIDCAP Implementation Workshop
- Abstract Session
- Journal Club
- Presentation of the 30th Annual NIDCAP Trainers Meeting *James Helm, PhD*
- Elk Ceremony
- Summary & Evaluation
- Adjournment & Boxed Lunch