

NIDCAP

DEVELOPMENTAL CARE OF THE NICU INFANT AND FAMILY FROM ADMISSION TO DISCHARGE

Monday, August 3, 2015

8:00 am – Registration

8:45 am- 4:15 pm – Program

The William F. Andrews Conference Center

3024 New Bern Avenue

Raleigh, NC

Target Audience

Nurses, physicians, respiratory therapists, physical therapists and occupational therapists working in the Neonatal Intensive Care Unit, psychologists, early intervention developmental therapists, Children's Developmental Services Agency (CDSA) service coordinators and Care Coordination for Children (CC4C) care managers

Conference Description

The purpose of this activity is to enable the learner to provide developmentally supportive care that is at a high level and evidence-based to infants and families in Newborn Intensive Care Units (NICU).

Learning Objectives

At the end of this educational program, participants will be able to:

- Describe comprehensive approaches to developmentally supportive care.
- Construct the synactive physiological foundations necessary in a NIDCAP-based approach for all feeding.
- Identify environmental factors that support families and ways to prepare for the infant's transition home.
- Discuss ways to support infant-driven feeding.
- Analyze the techniques of optimal infant positioning and use of guided and skillful handling to support optimal oral and respiratory functions in infants post intubation.
- Discuss supportive care of the infant with Neonatal Abstinence Syndrome, their family and the staff.
- Discuss ways to advance developmentally supportive care into practice and NICUs.

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BETTER HEALTHCARE THROUGH EDUCATION



AGENDA

- 8:00 am **Registration**
- 8:45 **Welcome & Overview**
- 9:00 **NIDCAP Approach to Developmental Care: What Does it Really Mean?**
Jim Helm, PhD
- 9:50 **Break**
- 10:05 **The NICU Caregiver as a Therapeutic Intervention: How We Relate to and Touch Infants**
John Chappel, MA, PT
- 11:05 **Facilitating Families in the NICU**
gretchen Lawhon, PhD, RN, CBC, FAAN
- 12:05 pm **Lunch**
- 12:50 **Supporting the Infant's Independence in Feeding**
Jim Helm, PhD
- 1:40 **Successful Feeding Outcomes: Understanding and Utilizing Infant Synactive Ergonomics**
John Chappel, MA, PT
- 2:40 **Break**
- 2:55 **Caring for Infants who Experience Neonatal Abstinence Syndrome**
gretchen Lawhon, PhD, RN, CBC, FAAN
- 3:45 **Practical Experiences & Implications: Lessons Learned from 100 Years in NICUs**
Panelists:
John Chappel, MA, PT
Jim Helm, PhD
gretchen Lawhon, PhD, RN, CBC, FAAN
- 4:15 **Closing Remarks & Adjourn**

Speakers

John Chappel, MA, PT

Metaphysical Therapeutics
President & Founder
East Hampton, NY
Urso Educational Institute for Manual Therapy
Director of Pediatric Curriculum, Synactive Theory
Sacramento, CA

James M. Helm, PhD

WakeMed Physician Practices – Neonatology
Infant Family Specialist
Raleigh, NC
Director, Carolina NIDCAP Training Center
NIDCAP Federation International
Vice President for Administration

gretchen Lawhon, PhD, RN, CBC, FAAN

Clinical Nurse Scientist
NIDCAP Federation International
President
NIDCAP Master Trainer

Credit

Wake AHEC Nursing Contact Hours

Wake AHEC will provide up to 6.0 CNE Contact Hours. *A participant must attend 100% to receive credit. No partial CNE credit will be given.*

Wake AHEC, Nursing Education, is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Wake AHEC CEU:

Wake AHEC will provide 0.6 CEU to participants upon completion of this activity. *A participant must attend 100% to receive credit. No partial CEU will be given.*

Contact Hours: Wake AHEC will provide up to 6.0 Contact Hours.

Wake AHEC is part of the North Carolina AHEC Program.

Registration

Regular registration fee: \$110; **after July 27, 2015:** \$135

Registration fee includes lunch, credit processing, online handouts, evaluation and certificate.

No refunds will be issued unless we are notified by 5 pm July 28, 2015. A \$35 cancellation fee will be deducted from your registration fee if a refund is issued. Substitutes are encouraged. Wake AHEC Vouchers will not be accepted.

Directions and parking information will be emailed with your confirmation.

Please visit www.wakeahec.org for our inclement weather and ADA statement. If you have questions, please contact Lorie Houston at 919-350-0471 or lhouston@wakeahec.org.

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BETTER HEALTHCARE THROUGH EDUCATION

REGISTRATION

NIDCAP: Developmental Care of the NICU Infant and Family from Admission to Discharge

Event 8590-46648lh

Registration: \$110

After July 27, 2015: \$135

PID#: _____ (Last name + last 4 digits of Social Security #).

If you have attended a Wake AHEC program in the last 6 months, we only need your Personal ID (PID) number and a phone number. If there are changes to your personal data, please update your information below.

Dr. Mr. Ms. Mrs.

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First Name

MI

Last

Social Security # (last 4 digits only)

Clinical Specialty

Degree(s) (e.g., MD, PharmD, MS, BS)

Home Address

City

()

State

Zip

Home County

Home Phone

Employer

Job Title

Work Address

City

()

State

Zip

Work Fax

Work Phone

Department

E-mail (REQUIRED)

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

PAYMENT OPTIONS Payment or supervisor signature must accompany registration.

Check enclosed. (Make check payable to Wake AHEC.)

Corporate Card Personal Card | MasterCard Visa AMEX Discover

Card #

Exp. Date

Authorized Signature

Name as it appears on card

Employer will make payment. Supervisor complete below and fax registration to 919-350-0470.

Supervisor's Name Printed

Title

Supervisor's Signature

Phone

By signing, I am certifying that agency payment will follow.

WAKEMED EMPLOYEES ONLY

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WakeMed Hospital # – Department #

(REQUIRED for all WakeMed Employees if your department is paying.)

Mail payment to:

Wake AHEC, Attn: Lorie Houston
3261 Atlantic Avenue, Suite 212
Raleigh, NC 27604-1657

Place a check (✓) if needed.

Vegetarian Meal

Lactation Room

Questions?

Contact Lorie Houston at
lhouston@wakeahec.org or 919-350-0471.

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