29th Annual NIDCAP Trainers Meeting
Sheraton Porto Hotel
Porto, Portugal
20 – 23 October 2018

“Love and Bonding in the Newborn Unit”
Focus Themes: Infant Mental Health, Sensory Nurturance, & Global Perspective of NIDCAP

Pre-Meeting - Friday, 19 October 2018

1000-1700  VII Jornadas Ibéricas NIDCAP, Faculty of Medicine, Porto University
Registration is required; all are welcome to attend. Official languages: Portuguese and Spanish (optional lunch available at the University at an additional cost)

Saturday, 20 October 2018

0800  Welcome  Hercília Guimarães
              Fatima Clemente

0805  Mutual Introductions

0845  Accomplishments and Overview of Training Efforts  James Helm

0920  Break (in lobby)

0950  What are the NFI’s Next Steps  Deborah Buehler

1050  Symposium: Global NIDCAP and its Future Directions  Kaye Spence & Bjorn Westrup

1210  Photo Session

1300  Lunch

1400  Workshop: Nurturing the Trainer Session  Deborah Buehler

1530  Break

1600  Abstract Session

1600  Behavioral Language of Preterm Infants: Cardiorespiratory and Videorecording of the Motor Behavior as an Integration of the NIDCAP Observation  Fabrizio Ferrari

1615  Online Video-based Supplement for APIB and NIDCAP Education  Nolan Dyck

1630  Diversification of Developmental Care Trainings: How and Why?  Jacques Sizun

1645  Adjournment

1720  Evening Excursion: Concert by The Porto Symphony Orchestra at Casa da Musica

2000  Dinner at Serralves Restaurant, located in the Museum Serralves

Updated 1 October 2018, program is subject to change – watch for final program closer to the meeting.
Sunday, 21 October 2018

0800  Tribute to T. Berry Brazelton, MD  Heidelise Als
0830  NIDCAP Nursery Program Session  Rodd Hedlund
1000  Break
1030  Can Technology Support Bonding Between Parents and Infants?  Deedee Koomers
1115  Reflection/Discussion on Technology in the NICU  Dorothy Vittner
1145  Abstract Session

1145  Development of Cortical Integration of Visual Stimuli in Very Preterm Infants  Claire Koenig Zores
1200  Even Moderate Visual Stimuli Leads to Behavioral Responses in Term and Preterm Infants  Claire Koenig Zores
1215  Australian Neonatal Nurse Perceptions of Neurodevelopmental Care  Nadine Griffiths

1230  Lunch
1330  NFI Membership Meeting  Deborah Buehler, Facilitator
1530  Adjournment
1600  Afternoon Excursion: Six Bridges Boat Tour on the Douro River; Port Wine Cellars Tour
Dinner at a Port Wine Cellar with Fados (Portuguese music) by the Students Fado Group from the Faculty of Medicine, Porto University

Monday, 22 October 2018

Open Day Conference

0800  Welcome from the São João NIDCAP Training Center Team  Hercília Guimarães
0810  16 Years of NIDCAP in Porto
0830  General Session: Am I Ready for Your Love?  Pedro Caldeira da Silva
0940  Translation into Practice: Supporting the infant  Monique Oude-Reimer, Natascia Simeone, & Dorothy Vittner
1040  Break
1100  General Session: Sensory Nurturance in the NICU  Pierre Kuhn
1200  Translation into Practice: Nurturing Environment  Melissa Johnson, Stina Klemming, & Maria Maestro
1300  Lunch
1400  Training Center Opening Ceremony
1430  General Session: Can the Quality of Mother-Infant Interaction Compensate for the Adverse Effects of Prematurity?  Isabel Soares, PhD
1540  Translation into Practice: Family-Infant Support  Graciela Basso, Samantha Butler, Mandy Daly, & Gretchen Lawhon
1640  Break
### Monday, 22 October 2018, Continued...

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1700</td>
<td>Abstract Session</td>
</tr>
</tbody>
</table>
| 1700 | **Skin-to-Skin Contact Activates Oxytocin Release and Correlates to Parent Engagement**  
Dorothy Vittner |
| 1715 | **Evaluation of “CLE” an Intermediate Family Centered Developmental Care Program based on the Theoretical Concept of NIDCAP**  
Delphine Druart |
| 1730 | **Reducing Noise Through Awareness in the NICU**  
Janne Weis |
| 1745 | Adjournment |
| 1900 | Cocktail Hour “Porto de Honra” and Poster Session |
| 2000 | Gala Dinner at Sheraton with Music and Dancing to Follow |

### Tuesday, 23 October 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
</table>
| 0830 | NIDCAP Implementation Workshop  
Nikk Conneman |
| 1000 | Abstract Session |
| 1000 | **Challenges and Barriers Perceived by Professionals in the Implementation of NIDCAP Training in a Middle Income Country**  
Lama Charafeddine |
| 1015 | **Working on the National System: The French Experience**  
Jacques Sizun |
| 1030 | Break |
| 1100 | Journal Club  
Juzer Tyebkhan, Facilitator |
| 1100 | *Short Observation, Bigger Impact?*  
Jacques Sizun |
| 1100 | *Skin to Skin Care: The Essential is Invisible to the Eye*  
Dalia Silberstein |
| 1100 | *Arcane Abbreviation or Accurately Apparent? What’s the Physiology of the AA State?*  
Juzer Tyebkhan |
| 1100 | *FlCare: Friend or Fiction?*  
Leonora Henderson |
| 1100 | *What can be Measured?*  
Kaye Spence |
| 1230 | Presentation of the 30th Annual NIDCAP Trainers Meeting  
James Helm |
| 1230 | Elk Ceremony |
| 1230 | Summary & Evaluation |
| 1330 | Adjournment & Boxed Lunch |