



**30<sup>th</sup> Annual NIDCAP Trainers Meeting**  
**Sheraton Portsmouth Harborside Hotel**  
**Portsmouth, New Hampshire USA**  
**5 – 7 October 2019**



*“Three Decades of NIDCAP Trainers Meetings: Guiding, Reflecting and Imagining”*

**Welcome Reception - Friday, 4 October 2019**

- 1800- 2000** **Welcome Cocktail Reception** (Harbor’s Edge)  
 Enjoy hearty hors d’oeuvres with new and old friends

**Saturday, 5 October 2019**

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|-------------|--|--|
| <b>0700</b> | <b>Breakfast</b> (Harbor’s Edge)   |  |
|             | <b>Morning Session (Ballroom)</b>  | Juzer Tyebkhan, Moderator  |
| <b>0815</b> | <b>Welcome</b>   | James Helm   |
| <b>0820</b> | <b>Celebrating 30 Year of NIDCAP Trainers Meetings</b>   | gretchen Lawhon  |
| <b>0830</b> | <b>Mutual Introductions</b>  | Kaye Spence  |
| <b>0900</b> | <b>Reflections on the Evolution of NIDCAP</b>  | Linda Gilkerson  |
| <b>1000</b> | <b>Break</b> (Ballroom Lobby)  |  |
| <b>1030</b> | <b>Training Activities Overview</b>  | James Helm, Jean Powlesland & Monique Oude Reimer  |
| <b>1100</b> | <b>New Directions in NIDCAP</b>  | gretchen Lawhon, Shohei Ohgi, Nikk Conneman, Fayazah Al Malki, Buenafe Cala, Jean Powlesland |
| <b>1145</b> | <b>Lunch</b> (Harbor’s Edge)   |  |
|             | <b>Afternoon Session (Ballroom)</b>  | Gloria McAnulty, Moderator   |
| <b>1315</b> | <b>Workshop: Nurturing the Trainer Session</b>   | gretchen Lawhon, Peggy Doyle Settle & Dorothy Vittner  |
| <b>1500</b> | <b>Break</b> (Ballroom Lobby)  |  |
| <b>1530</b> | <b>Abstract Session</b>  | Linda Lacina, Facilitator  |
|             | 1530 <i>NIDCAP Influences maternal/newborn health in the Embrace Refugee Birth Support Program</i>                 | Kathi Frankel  |
|             | 1545 <i>Maternal-fetal legend: the lack of evidence for maternal heartbeat sounds in utero (Literature Review)</i> | Kathleen Philbin   |
| <b>1600</b> | <b>Reflection</b>  | Linda Lacina   |
| <b>1700</b> | <b>Photo Shoot</b> (Location TBA)  |  |
| <b>1830</b> | <b>Cocktails</b> (Ballroom Lobby)  |  |
| <b>1900</b> | <b>Celebration Dinner &amp; Dancing</b> (Ballroom)   |  |

## Sunday, 6 October 2019

- 0700 Breakfast (Prescott)**
- Morning Session (Ballroom)** Debra Paul, Moderator
- 0815 Welcome Back** gretchen Lawhon
- 0830 The NIDCAP Nursery Program: *Cherishing Infants, Families and the Staff that Cares for Them*** Rodd Hedlund, Facilitator
- The NIDCAP Germany, Training Center Tübingen, Tübingen, Germany Birgit Holzüter, Natalie Wetzel
- The Brussels NIDCAP Training Center, Brussels, Belgium Inge van Herreweghe
- Sophia NIDCAP Training Center Monique Oude-Reimer
- 1000 Break (Ballroom Lobby)**
- 1030 Journal Club** Juzer Tyebkhan, Facilitator
- A randomised controlled trial of protocolised music therapy demonstrates developmental milestone acquisition in hospitalised infants* Ita Litmanovitz
- The role of early developmental intervention to influence neurobehavioral outcomes of children born preterm* Kristen James Nunez  
& Kaye Spence
- Half As Sad: A Plea for Narrative Medicine in Pediatric Residency Training* Juzer Tyebkhan
- Calmer: a robot for managing acute pain effectively in preterm infants in the neonatal intensive care unit* Juzer Tyebkhan
- 1145 Lunch (Harbor's Edge)**
- Afternoon Session (Ballroom)** Gillian Kennedy, Moderator
- 1300 NFI next steps: Membership input on initiatives** Jean Powlesland  
& Dalia Silberstein
- 1355 Break (Ballroom Lobby)**
- 1420 NFI Membership Meeting**
- 1620 31<sup>st</sup> Annual NIDCAP Trainers Meeting Presentation** Natalie Wetzel  
& Birgit Holzüter
- 1630 Free Time**
- 1730 Bus to York, Maine**
- 1800 Dinner - Foster's Clambake, York, Maine**



## Monday, 7 October 2019 Open Day Conference

*Gut Feeling: The Other Brain. Exploring the Connection of Microbiome, Stress & Infant Behavior*

0700	<b>Breakfast (Prescott)</b>	
	<b>Morning Session (Ballroom)</b>	Nikk Conneman, Moderator
0815	Welcome from the NFI	James Helm, gretchen Lawhon
0830	Keynote Presentation: <i>The connection of stress, the microbiome and infant behavior</i>	Amy D'Agata
0930	Translation into Practice: Nursing Care of the Surgical Neonate	Kaye Spence
1000	Break (Ballroom Lobby)	
1030	Keynote Presentation: <i>A NIDCAP observation of gut-brain relations</i>	Jeffrey Alberts
1130	Translation into Practice: Using a NIDCAP lens to transform routine care NICU care	Jennifer Hofherr
1200	Lunch (Harbor's Edge)	
	<b>Afternoon Session (Ballroom)</b>	Dalia Silberstein, Moderator
1315	Translation into Practice: Supporting families through early feeding experiences	Stina Klemming
1415	<b>Abstract Session</b>	Ita Litmanovitz, Facilitator
1415	<i>Using the NIDCAP philosophy and principles in the implementation of a NICU book sharing program</i>	Linda Lacina
1430	<i>Early discharge with home care tube feeding program benefits on 2-years corrected-age neurodevelopmental outcomes, breastfeeding and first year hospital readmissions for premature infants</i>	Sandra Lescure
1445	<i>Supporting families in the neonatal setting - it's time to get creative</i>	Kristen James-Nunez
1500	Break (Ballroom Lobby)	
1530	<b>Abstract Session, Cont'd</b>	Dalia Silberstein, Facilitator
1530	<i>Health care professionals' beliefs and perceptions on family-centered care in the NICU</i>	Dorothy Vittner
1545	<i>Oxytocin release is strongly associated with premature infant behavioral patterns</i>	Dorothy Vittner
1600	<i>Oxytocin responsivity during skin-to-skin care and diurnal cortisol predict depression, trauma and bonding scores at NICU discharge in parents of preterm infants</i>	Bieke Bollen
1615	<i>Filling a significant gap in the Cardiac Intensive Care Unit (CICU): Quality improvement using the NIDCAP approach</i>	Samantha Butler
1630	<b>Summary</b>	Melissa Johnson
1645	<b>Live Evaluation</b>	
1700	<b>Acknowledgements</b>	
1715	<b>Adjournment</b>	





**Celebrate the 30th**

