

NOMAS® International Summit
September 26 and 27, 2020
Doubletree by Hilton
San Jose, California

Every so often events occur in just such a way that a window of opportunity slides open somewhere in the world. Most people don't notice. They just walk right by. But when you know where to look and have the foresight to act, you could find yourself in a better place than you are today, with more knowledge, more insight, and more confidence to be that outstanding professional that you have always wanted to be. Reach out and join your colleagues in San Jose, California for the NOMAS® International Summit where all we do, all we are, and all we dream about is successfully feeding babies. Take the challenge and join us!

The **NOMAS® International Summit** will focus on the underlying causes of feeding problems in the NICU for those preterm and sick term infants on Day One.

Day One Topics of Discussion will include:

- *Neuroplasticity and brain disorders: impact on neonatal feeding;
- *Feeding infants together-a simple feeding strategy after clarifying gastrointestinal control and regulating factors for feeding success;
- *Co-Regulated approach for giving parents and infants a successful feeding experience;
- *NIDCAP approach to care: listening to each infant's "voice" and the interpretation of stress cues

Day Two is an Interactive Treatment Practicum that will present you with case studies of infants who are most difficult to feed and who present challenges to even the most experienced therapist and clinician. This practicum will allow participants to share experiences, treatment techniques, and frustrations when the techniques are unsuccessful. You will learn to determine the underlying etiology of the feeding issue; and to develop a successful prescriptive feeding strategy based on each infant's needs, This Interactive Treatment Practicum is designed to assist you in your ability to improve the infant's sucking performance; decrease stress during feeding; and increase oral intake.

Participants are invited to complete a brief patient history form and submit a video on DVD/flash drive of their patient at the time of registration. If your patient is selected for review you will be notified ahead of time.

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Saturday, September 26, 2020

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| 7:00-8:00 a.m. | Registration/coffee/exhibits |
| 8:00-8:15 | Welcome-Marjorie Meyer Palmer Founder/Director, NOMAS International |
| 8:15-9:45 | What Lies Beneath: Determining Factors for Successful Neonatal Feeding- Sudarshan Jadcherla, MD |
| 9:45-10:15 | BREAK: coffee/exhibits |
| 10:15-11:45 | Feeding, Neuroplasticity, and Brain Disorders Peter Bingham, MD |
| 11:45-12:00 | Questions and Answers with Dr. Jadcherla and Dr. Bingham |
| 12:00-1:30 | LUNCH |
| 1:30-3:00 p.m. | NIDCAP Approach to Care: Listening to Each Infant's "Voice" James Helm, PhD |
| 3:00-3:30 | BREAK |
| 3:30-5:00 | Working with Infants and Young Families as They Develop Feeding Skills: Infant and Dyadic Co-Regulation – Suzanne Thoyre, PhD |
| 5:00-5:30 | Questions and Answers with Dr. Helm and Dr. Thoyre |
| 5:30 | ADJOURN |

Total = 6.5 hours

Sunday, September 27, 2020: A day with the NOMAS® Course Instructors

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| 7:30-8:30 a.m. | Coffee/exhibits |
| 8:30-9:30 | What does development have to do with it? Supporting a Successful Feeding Experience in the NICU- Linda Lowman, M.Ed., NLP |
| 9:30-10:30 | Feeding Disorders in the NICU that result from a Deviant Sensory System- Brenda Takata, OTR, NLP |
| 10:30-11:00 | BREAK |
| 11:00-12:00 | A Closer Look at the Three Phases of Swallow in the Neonate: What goes wrong and what can you do to help? – Marjorie Meyer Palmer, M.A., NLP, CCC-SLP |
| 12:00-1:30 pm. | LUNCH |
| 1:30-3:00 | Interactive Treatment Practicum to Solve those Feeding Challenges in the NICU- Linda Lowman, Brenda Takata, Marjorie Meyer Palmer |
| 3:00-3:30 | BREAK |
| 3:30-4:30 | Interactive Treatment Practicum continued |
| 4:30-5:00 | Final Discussion, Questions and Answers with Linda, Brenda, and Marjorie |
| 5:00 | ADJOURN |

Total = 6.5 hours