



NIDCAP Federation International
Board of Directors
Position Statement

Guidance Around the COVID-19 Pandemic

The NIDCAP Federation International (NFI) holds as a primary goal the support of parents as the optimal caregivers of their infant. Parental presence, including skin-to-skin holding and breastfeeding, and active collaboration with their hospitalized infant and the health care team, enhances the infant's neurodevelopment.

Despite increasingly stringent rules for access to hospitalized newborns and infants due to the COVID-19 pandemic, the NFI recognizes that the safety and health of infants, parents and the health care team may require modification of guidelines and policies. Screening for fever and other symptoms of illness now becomes more important than ever before.

The NFI recommends that parental presence, active participation and advocacy continue to be considered a unique aspect of care that shortens the duration of hospitalization and improves other outcomes. The NFI commends the valiant efforts of health care teams around the world in their support and care to infants, their families and one another during these unprecedented times. The NFI sends support, strength and hope as we navigate this challenging pandemic crisis.

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March 31, 2020