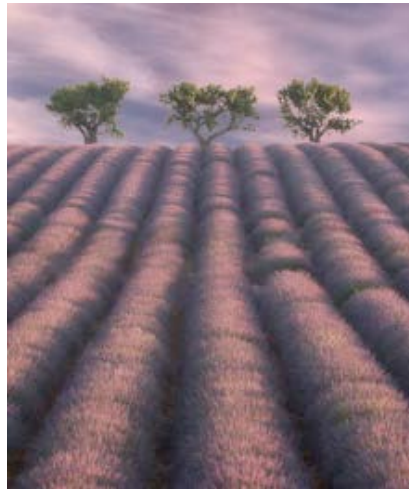




August 2018

Dear Members of the NFI,



Mike Moir, Photographer

During a past NIDCAP Trainers Meeting, Joy Browne shared short videos of nature which offered us moments of pause, relaxation and reflection. The power of stepping back from our work, in short and long stretches, is not to be underestimated. Here in the Northern Hemisphere, we are in the height of the summer months. This is often when we spend more time outside and away from our work with our families and friends. Some of our best creative thoughts and fresh new perspectives and approaches come from these times. Here's to August and opportunities for re-fueling, re-energizing, re-imagining, and re-invigorating ourselves before we head into the fall and all that it holds. And for our Southern Hemisphere friends in your winter months now, may you also find your moments of reflection and energizing in the month(s) ahead.

UPDATES:

- *Laura Elsa Goldberg, MD*, Psychiatrist, from Hospital Fernandez, Buenos Aires, Argentina, was certified as a NIDCAP Trainer by *Graciela Basso, MD PhD*, Director of the Centro Latin-Americano NIDCAP (CLAN) and Senior NIDCAP Master Trainer. Laura will support Graciela in all her training and teaching efforts at the CLAN Center.
- The NFI 2018 Membership Survey on "Communication and Engagement" (<https://www.surveymonkey.com/r/B3SPTJT>) is open for participation until Monday, August 6<sup>th</sup>, 6 pm EDT. Responses are anonymous, non-English statements will be translated and grouped with all responses. *Kaye Spence, AM, RN, RM MN* and *Juzer Tyebkhan, MD* will present a short

summary of the findings at the upcoming 29<sup>th</sup> Annual NIDCAP Trainers Meeting in Porto, Portugal.

- In October, the Sub-Committee on [NIDCAP and Science](#) will have two new co-chairs: *Dalia Silberstein, RN, PhD, NIDCAP Trainer in Training*, and *Ita Litmanovitz, MD, PhD, NIDCAP Trainer in Training*.
- Please see our most recent [NFI Board of Directors Minutes](#) (prepared by *Dorothy Vittner, PhD, RN, NFI Secretary*) to learn about current organizational topics and next steps. All past minutes are archived on the NFI's Membership page.
- In April, the Foundational Education Work Group (FEWG) invited ALL NIDCAP Trainers to submit a short (approximately 30 minutes) video educational presentation(s). The goal of this initiative is to develop an on-line NFI educational program introducing NIDCAP's philosophy and care practices. It will be comprised of the wisdoms, insights, experiences and talents of our trainers. Please contact the FEWG team with all questions, proposed topics and submissions: Jim Helm ([jimhelm27@gmail.com](mailto:jimhelm27@gmail.com)); gretchen Lawhon ([premie@gmail.com](mailto:premie@gmail.com)); Juzer Tyebkhan ([Juzer.Tyebkhan@albertahealthservices.ca](mailto:Juzer.Tyebkhan@albertahealthservices.ca)); and Dorothy Vittner ([dvitt8@gmail.com](mailto:dvitt8@gmail.com)).
- The nomination period for the NFI's annual Board of Directors election will close on Friday, August 31<sup>st</sup>, 5 pm EDT. This year there are three terms ending, two at-large seats and one family representative seat. These are currently held by *gretchen Lawhon, RN, PhD, Jim Helm, PhD, and Mandy Daly, ACII, DLDU* respectively. gretchen and Jim will not seek re-election; Mandy will run for re-election. Please direct all inquiries to *Jim*, Chair of the Nominations, Elections and Appointments Sub-Committee ([jimhelm27@gmail.com](mailto:jimhelm27@gmail.com)).
- 29th Annual NIDCAP Trainers Meeting Reminder- Invitations were sent out in May. This year's meeting, October 20-23, 2018, will be hosted by the São João NIDCAP Training Center in Porto, Portugal. The closing date for registration for our *By-Invitation Only* Meeting is September 17, 2018. Meeting details are posted on the [Trainers Meeting](#) page of the NFI website. Please check the website for updates and email all meeting questions to [nidcap2018@skyros-congressos.com](mailto:nidcap2018@skyros-congressos.com).

Your feedback, questions, comments, NFI updates, and membership news addressed to the Board, and/or to me personally always are welcome.

Yours in support of the NFI,

Deborah

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