

March 2021

Dear Members of our NFI Community,

World NIDCAP Month is here!!!

(World NIDCAP Day, March 20th)

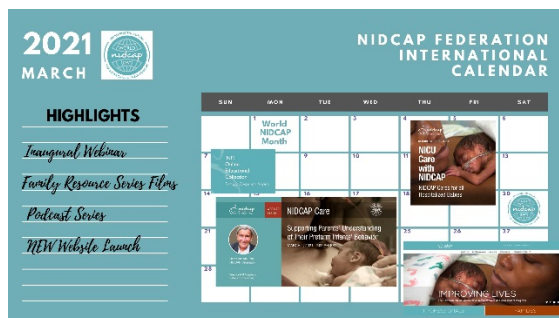


We are *inspired* by our mission and by the newborns and infants and their families we serve.

We are also incredibly *inspired* by one another.

Here are some of the many NIDCAP-related wisdoms from our global NFI community:

THE WORDS YOU SPEAK AND READ, THE IMAGES YOU USE, ALL REFLECT AND SHAPE WHO YOU ARE: THE CHOICE AND RESPONSIBILITY IS YOURS. (HEIDELISE ALS) A GOOD TRANSLATOR IS WORTH THEIR WEIGHT IN GOLD. (JOY BROWNE) INDIVIDUALLY AND COLLECTIVELY, BEING PRESENT, NURTURING AND INSPIRING ARE TREMENDOUSLY POWERFUL. (DEBORAH BUEHLER) WHEN I AM WORKING WITH A BABY MY MIND IS IN MY HANDS (JOHN CHAPPEL) BE RESPECTFUL OF THE INFANT'S INDIVIDUAL BEHAVIORAL STYLE. (JEAN COLE) RELATIONSHIP BASED CARE STARTS WITH THE RELATIONSHIP TO YOURSELF. (NIKK CONNEMAN) NOTE TO SELF. (CATHY DAGUIO) CAREGIVERS USE THEIR EYES AND THEIR HEARTS TO REINTRODUCE HUMANITY AND LOVE TO AN ENVIRONMENT THAT HAS SPENT DECADES DISTANCING ITSELF FROM THE NATURAL ORDER. (MANDY DALY) ALWAYS BE ASKING, BABY, SHOW ME HOW YOU HANDLE YOUR EXPERIENCE OF THE WORLD SO THAT, TOGETHER, WE CAN BRING OUT YOUR BEST AT EVERY MOMENT. (LAURA DAVIS ROBISON) OBSERVATION IS THE ARCHITECT OF GENUINE CURIOSITY IN OTHERS ALLOWING US TO SEE THE BIG PICTURE WHILE BEING MINDFUL OF THE SMALLEST OF DETAILS. (DEANA DEMARE) TRUST THE PROCESS. (LINDA GILKERSON) LET THE REST OF THE WORLD FALL AWAY. (RODD HELDUND) LISTEN TO THE INFANT AT ALL TIMES, THEY CANNOT PRETEND OR FAKE THEIR REACTIONS. (JIM HELM) AS A TRAINER, I CAN GUIDE AND SUPPORT, YET THE INFANT IS THE ONE WHO TRANSMITS THE TRUTH. (JENNIFER HOFHERR) THERE IS A DIFFERENCE BETWEEN HEARING AND DOING. (AGNETA KLEBERG) CREATE OPPORTUNITIES FOR OTHERS TO DEEPEN PERSONAL UNDERSTANDING, INSIGHTS THROUGH MEANINGFUL EXPERIENCES. (GINNY LAADT) YOU CAN'T FORCE THIS WORK. (LINDA LACINA) WHEN WE ACKNOWLEDGE THE LIVED EXPERIENCE OF AN INFANT, ALL ELSE FALLS INTO PLACE. (GRETCHEN LAWHON) WHEN YOU FOCUS ON PROBLEMS, YOU'LL HAVE MORE PROBLEMS. WHEN YOU FOCUS ON POSSIBILITIES, YOU'LL HAVE MORE OPPORTUNITIES. (MONIQUE OUDE REIMER) NIDCAP NURTURES A BABY'S WARM HEART, LEADS PARENTS TO LOVE, AND CREATES SOCIAL HAPPINESS. (SHOHEI OHGI) EVERY DAY IS A NEW OPPORTUNITY TO IMPROVE THE NICU EXPERIENCE FOR INFANTS, FAMILY AND STAFF. AS WE AIM FOR THE BETTER WE ACHIEVE THE GOOD ENOUGH WHERE INFANTS THRIVE UNDER THE NURTURING CARE OF PARENTS AND PROFESSIONALS. (JEAN POWLESLAND) PERCEPTION IS REALITY AND UNDERSTANDING THIS CONCEPT IN ALL WALKS OF LIFE PROVIDES A MORE CERTAIN PATH OF TRAVEL. (ELSA SELL) EVERY BABY IS A PERSON: -- AND AS SUCH THE GOLDEN RULE APPLIES. DO UNTO THAT CHILD AS YOU YOURSELF WOULD WANT TO BE TREATED, AND EVERYTHING ELSE FALLS INTO PLACE. (ROGER SHELTON) BRING TO EACH AND EVERY DAY YOUR ABILITY TO BE STRUCK AND AMAZED. LET THEM STRIKE YOU AND AMAZE YOU BY WHO THEY ARE AND WHAT THEY BECAME. (DALIA SILBERSTEIN) LISTEN, LISTEN, LISTEN AND OBSERVE. (JACQUES SIZUN) NIDCAP ALLOWS US TO ENTER THE BABY'S WORLD. (KAYE SPENCE) NOW INTACT DEVELOPMENT CAN BE ACHIEVED FOR PRETERMS. (JUZER TYEBKHAN) PARENTS ALWAYS KNOW WHAT A CHILD NEEDS, EVEN IN THE HOSPITAL. (KATHY VANDENBERG) AUTHENTIC AVAILABILITY ENHANCES DEVELOPING RELATIONSHIPS TO BUILD TRUST AND NURTURANCE. (DOROTHY VITNER) SMALL THINGS CAN MAKE A BIG DIFFERENCE. (INGA WARREN)



In honor of the newborns and infants who are or have been hospitalized, their families, and the healthcare professionals and hospitals around the world who care for them, we have a number of very exciting happenings over the month:

- ***Inaugural Webinar Event:*** On March 1st Heidelise Als, PhD will present *Supporting Parents' Understanding of Their Preterm Infants' Behavior*. This event will be recorded and available at a future date, free of charge, for NFI members within our nidcap.org's new Learning Center.

- **Family Resource Series Videos:** A series of short films on NIDCAP-related topics for families
- **Initial Podcast Series:** A series of audio recordings entitled *NICU Care with NIDCAP*
- **New Website Launch:** On March 20th, **World NIDCAP Day**, we plan to launch our updated and revised nidcap.org website!

Please visit [our website](#) for information, the NFI's [Toolkit](#) and ideas for how to participate to raise awareness around the world. Two attachments with this note include: the graphic of our World NIDCAP Day ribbon and our annual poster of *NIDCAP Care Around the World* (with tremendous appreciation for everyone's submissions for this truly global effort to share our story).

Please follow our Social Media posts throughout the month on: [Facebook](#), [Twitter](#) and [Instagram](#) (and post your own - tagging us!)

Please share your **World NIDCAP DAY/MONTH** celebrations with us by sending photographs and stories to shareyourstory@nidcap.org. (Please use this email address ONLY). You must have permission for the photograph(s) you send to be shared on our website, social media, newsletter and related NFI educational sites. Photo release form for families is attached.

NFI Updates & News

NIDCAP TRAINING CENTERS WORLDWIDE





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SAVE THE DATES

32nd Annual NIDCAP Trainers Meeting

October 20-22, 2021

For our virtual video conference



With appreciation to **Senior Editor, Kaye Spence** and the whole editorial team for the release of the *Developmental Observer*, Vol. 14, No. 1 (Abstract Edition) in February.

Our newsletter may be found at IUScholarWorks

(IUSW): <https://scholarworks.iu.edu/journals/index.php/do/issue/current>.

IUSW is an open access repository provided by the Indiana University Libraries. You may explore the archives for back issues as well as submission guidelines for future articles and letters.

The DO is also available on the NFI

website: <https://nidcap.org/en/nfi-news/developmental-observer-the-official-newsletter-of-the-nfi/>

NFI Board of Directors

Video Conference Call Minutes

When available the full NFI Board of Director Minutes will be posted within our website's [Membership Section](#). The following are **HIGHLIGHTS** from Board discussions from the February meeting.

February 10, 2021

Program Committee

Based on current projections on the world health pandemic, the 2021 NIDCAP Trainers Meeting will be held virtually. The German Team have agreed to postpone hosting the in-person meeting until 2022. The 2021 dates are proposed to be held on weekdays, October 20-22. The NFI Membership will be notified as soon as these dates have been confirmed.



D. Vittner plans to share a document with the purpose, roles and responsibilities of the Program Committee.

Governance Committee:

The Membership Policy has been updated and revised. There is consideration of adding a “Retired” Professional Membership category with an option of paying a reduced fee for qualifying members.

The Governance Committee Co-Chairs asked for suggestions on how to improve tracking trainees’ progress and their membership status and the development of incentives to maintain NFI membership.

Advancement Committee

Plans for the upcoming World NIDCAP Month and Day were shared, including the launch of the new nidcap.org website, the inaugural NFI webinar, the family resource videos, and the podcast series.

Dr. Als’ upcoming webinar, “Supporting Parents’ Understanding of Their Preterm Infants’ Behavior,” will be held via Zoom video conferencing and is nearly fully registered. If needed, an additional format to simultaneously broadcast the webinar may be offered (i.e. Facebook live). S. Kosta offered a preview of the new nidcap.org website under development. March 20th (World NIDCAP Day) is the date planned to launch the new site.

Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Sending warm World NIDCAP Day and Month wishes to everyone,

Deborah

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