



*For there is always light,
If only we're brave enough to see it,
If only we're brave enough to be it.*

Amanda Gorman
U.S. National Youth Poet Laureate
Born Prematurely with her Twin Sister

February 2021

Dear NIDCAP Community,

Our third annual **World NIDCAP Day** (Saturday, March 20th) and the month of March celebrations are nearly here! We will honor newborns and infants who are or have been hospitalized, their families, and the health care professionals and hospitals around the world who care for them. Here are our unfolding plans:



MARCH 1

- **Inaugural Webinar Event:** Heidelise Als, PhD will present *Supporting Parents' Understanding of Their Preterm Infants' Behavior* at 2 pm EST. This event is free for NFI members. Registration forthcoming.
- **Family Resource Series Videos:** 10 (or more) short films with discussions that include: *What is the NIDCAP Approach, Holding and Touching Infants in the NICU, and How Does My Baby Grow?*

MARCH 20

- **Initial Podcast Series:** An introductory set of recordings for families and others entitled *NICU Care with NIDCAP*. The topics include: *How NICU Babies Communicate, NICU Family Partnerships, Everyone Matters in the NICU, Everything Matters in the NICU, NIDCAP Goes Beyond the NICU, The Science of NIDCAP, NIDCAP Cares for all Hospitalized Babies.*
- **New Website Launch:** nidcap.org is undergoing a major transformation to update its design and features. Please watch for a separate email that describes the new site, including how to set up your own Member access to sign in, make payments, register for upcoming conferences, etc. Feedback to continually improve our site is welcomed.

ALL THROUGHOUT MARCH

- **NFI Materials:** [Toolkit](#), NIDCAP Care Around the World Poster (available late February)
- **Social Media:** [Facebook](#), [Twitter](#) and [Instagram](#) posts

We will share additional details for activities above, as well as other happenings, as they are available. Please visit [our website](#) for information, resources and ideas for how to participate in this international celebration.

Please share your **World NIDCAP DAY/MONTH** celebrations with us by sending photographs and stories to shareyourstory@nidcap.org. (Please use this email address ONLY). You must have permission for the photograph(s) you send to be shared on our website, social media, newsletter and related NFI educational sites. Photo release form for families is attached.

<h3>NFI Updates & News</h3> <hr/>  <p>NIDCAP TRAINING CENTERS WORLDWIDE</p> 	
<h3>NIDCAPPER UPDATES</h3>	
	



In November 2020, the Brussels NIDCAP Training Center (open since 2007) was recognized for several very exciting training developments! **Delphine Druart, RN**, Senior NIDCAP Trainer is now a NIDCAP Master Trainer-in-Training. And Delphine will be supporting **Frédérique Berne Audéoud, MD**, **Aurélie Guillou, RN** and **Peggy Laurant, RN** on their paths to become NIDCAP Trainers. Their work is supported by **Inge Van Herreweghe, MD**, Training Center Director, and by Master Trainers **Agneta Kleberg, PhD, RN** and **Deborah Buehler, PhD**. This dedication to NIDCAP assures continuity for the NFI and for future NIDCAP & APIB Training. It also supports continued improved outcomes for young infants and their families in hospital settings.



Inga Warren, MSc, CBE, Senior NIDCAP Trainer, received was appointed *Commander of the Order of the British Empire* in the Queen's New Year's Honors for her services to premature babies.



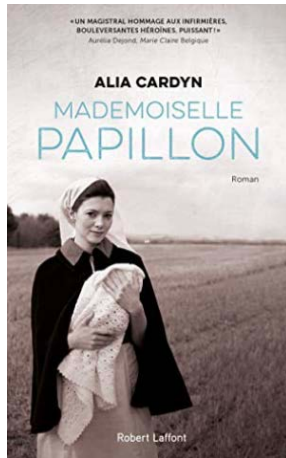
We plan to recognize our incredible NFI members who make significant contributions to advance NIDCAP.

If you would like to nominate someone to be spotlighted, please send their name and why you are recommending them to shareyourstory@nidcap.org.

NIDCAP RESOURCES



Mónica Vírchez Figueroa, President of *Prematura Spain* and *NFI Member* published [*Llegan 3 ¡y antes de tiempo!: Método Nidcap con bebés prematuros*](#) (Spanish Edition). In this book, she describes delivering triplets at 29 weeks post conceptual age and her experience receiving NIDCAP hospital care.



Belgian author, *Alia Cardyn* has written *Mademoiselle Papillon* (2020). This novel about neonatology and the nursing was written after extensive immersion and studies of CHU St Pierre's newborn nursery and interviews with *Heidelise Als, PhD* and the *Brussels NIDCAP Training Center Team*. The story set in the 1920s *delivers a sensitive and luminous tribute to women who have the audacity to embody change* (from [Amazon description](#)). *Delphine Druart, RN, Master NIDCAP Trainer-in-Training* wrote: *This novel has been at the top sales in Belgium for several weeks, introduces NIDCAP to a very broad public. An English and Spanish translation is planned as well as a cinema adaptation.*



R3: Research, Read & Review

The NIDCAP and Science Sub-Committee released their TENTH review of a scientific article related to NIDCAP efforts. The paper entitled *Association of Prenatal Maternal Anxiety With Fetal Regional Brain Connectivity* (De Asis-Cruz J, Krishnamurthy D, Zhao L, et al.; 2020;3(12):e2022349. doi:10.1001/jamanetworkopen.2020.22349) was reviewed by *Nolan Dyck*, medical student, *NFI Member*, from the Edmonton NIDCAP Training Center in Canada. Please see the [nidcap.org Member Services page](#) for this summary.

NFI Board of Directors



Video Conference Call Minutes

When available the full NFI Board of Director Minutes will be posted within our website's [Membership Section](#). The following are **HIGHLIGHTS** from Board discussions from the January meeting.

January 13, 2021

- *Minutes of the Board of Directors' December 9th 2020 Video Conference Call Meeting were approved.*
- *Plans to survey the Board of Directors about changing the monthly date/time of the meeting were made.*
- *Plans for World NIDCAP Month and Day were discussed and include: a March 1st webinar presentation by H. Als, PhD and a March 20th recorded podcast series launch.*
- *Future webinars and podcasts are planned and recruitment of NFI members to participate in planning is needed.*
- *Two documents were reviewed: (1) NIDCAP Training - Calculation of Estimated Training Hours (for institutional budgetary planning) and (2) Guidelines for Online NIDCAP Training Videotaping NIDCAP Observations.*
- *Plans to explore the new nidcap.org website design's functionality to hold future electronic elections.*
- *The Governance Committee is exploring ways to incentivize joining the NFI and maintaining membership as NIDCAP Professionals in Training become Professional Members.*

Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Sending wishes of health and well-being to our entire NFI community,

Deborah

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