Training Activities Overview
2020 – 2021

Mentoring Caregivers. Changing Hospitals. Improving the Futures for Newborns and Their Families.
North America

Canada

USA
Edmonton NIDCAP Training Centre Canada (ENTCC)
Stollery Children’s Hospital Royal Alexandra Site, NICU
Edmonton, Alberta, Canada

Directors: Andrea Nykipilo; Juzer Tyebkhan
NIDCAP Trainer: Juzer Tyebkhan

Number of current NIDCAP Professionals: 6
Number of current NIDCAP Trainees: 2 (+ 3 waiting to start)
Number completed (Oct 2020 – 2021): 0

Number of APIB Professionals: 1
APIB Trainees: 3 (waiting to start)
APIB completed (12 months): 0

Other training activities:
FINE Level 1 = 17 participants; FINE Level 2 = 6

Outstanding achievements/events during the past 12 months:
“NIDCAP Rounds” (will be presented as Abstract)
National NIDCAP Training Center (NNTC)
Boston, USA

**Director:** Heidelise Als, PhD

NNTC Boston Team

Cardiac Intensive Care Unit (CICU) NIDCAP Team
Boston Children's Hospital
Developmental Care Leader - Samantha Butler, PhD
Nikk H. Conneman, MD
New NIDCAP Master Trainer

NIDCAP Training at University of Fudan
Children’s Hospital, Shanghai, PRC
NIDCAP Professional & Developmental Care Leader
Xiaojing Hu, RN PhD

National Newborn Critical Care Nursing Conference, 7-10 June 2021

Online NIDCAP Trainer Team
Ruhengeri Referral Hospital, Musanze Rwanda

Maria Maestro, MD, Neonatologist; Natalie Wetzel, RN, Nurse
Heidelise Aba, PhD, Psychologist

Ruhengeri Referral Hospital (RRH)
Musanze, Rwanda NIDCAP Team

Left to Right:
Jean Damascena
Ndahayo, MD
Marie Louise
Uwimana, RM
Patrick
Manibaho, RM
Deborah
Makai, MD
West Coast NIDCAP and APIB Training Center
at University of California San Francisco School of Medicine
University of California San Francisco
San Francisco, California, USA

**Director:** Deborah Buehler, Master NIDCAP Trainer & Master APIB Trainer in Training
**Trainers:** Kathy VandenBerg, PhD Master NIDCAP Trainer
gretchen Lawhon, PhD, RN, FAAN, Master NIDCAP Trainer
Dorothy Vittner, PhD, RN, FAAN, Senior NIDCAP Trainer

**Number of current NIDCAP Trainees:** 13
UCSF Benioff Children’s Hospital Training
(Virtual & On-Site with 7 Trainees)
Dallas Children’s Heart Center & NICU
(NIDCAP Introductory Session with 6 Trainees)

**Number completed (Oct 2020 – 2021):** 3
Japan

<table>
<thead>
<tr>
<th>2020-2021 NIDCAP Training Summary</th>
</tr>
</thead>
<tbody>
<tr>
<td>NIDCAP Professionals</td>
</tr>
<tr>
<td>NIDCAP Trainees</td>
</tr>
<tr>
<td>NIDCAP Trainer</td>
</tr>
<tr>
<td>NIDCAP Training Center</td>
</tr>
</tbody>
</table>

UCSF Benioff Children’s Hospital Training
NIDCAP Trainer Certification:
Tomohisa Fujimoto, PT, Japan

Outstanding achievements/events during the past 12 months:

- **Second Annual Japan NIDCAP Trainers Meeting** hosted by Shohei Ohgi, PhD, RPT & gretchen Lawhon

- Japan National NIDCAP Training Center Established

- **NFI Resource Development**: Website, Learning Center, Podcasts, Webinars, Family Resource Videos

- **Dorothy Vittner** honored as a Fellow of the American Academy of Nursing
Carolina NIDCAP Training Center
WakeMed Health and Hospitals
Raleigh, NC, USA

**Director/Trainer:** James M Helm, PhD, Director Emeritus & Senior NIDCAP Trainer

**Number of current NIDCAP Professionals:** 2

**Number of current NIDCAP Trainees / Number completed (Oct 2020 – 2021):** 0

**Number of APIB Professionals/ APIB Trainees / APIB completed (12 months):** 0

**Other training activities:**
Ongoing training to new employees

**Outstanding achievements/events during the past 12 months:**
- Jim Helm retired from WakeMed and the training center is changing status to “inactive”.
- WakeMed continues as NIDCAP Certified NICU, celebrates World NIDCAP Day/Month, World Prematurity Day and Kangaroo Care Awareness.
- In July 2021, WakeMed posted to refill the vacant position of Neonatal Developmental Specialist.

**New News:**
Jim along with Laurie Slaughter, PT, MS and Jenifer Powell, PhD welcome WakeMed’s newest Developmental Specialist, **Diane Ballweg**, MSN, RNC, CCNS in December 2021.
Children’s Hospital of University of Illinois (CHUI) NIDCAP Training Center

Children’s Hospital of University of Illinois Chicago, Illinois, USA

**Co-Director:** Doreen Norris-Stojak, MS, RN  
**Co-Director:** Jean Powlesland, RN, MS

**Personnel**
- Jennifer Hofherr, MS, OTR/L, C/NDT, CNT, NIDCAP Trainer
- Jean Powlesland, MS, RNC-NNIC, Senior NIDCAP Trainer, center co-director
- Doreen Norris-Stojak, MS, BSN, RN NEA-BC, center co-director
- Agnes Kutek, RN, BSN, NIDCAP Professional

**Number of current NIDCAP Professionals:** 3  
**Number of current NIDCAP Trainees:** 6  
**Number completed (Oct 2020 – 2021):** 5

Five nurses from Saudi Arabia were certified.  
Four more nurses from Saudi Arabia are in training.  
One fellow in physical therapy has done an introduction and one medical fellow in neonatology has done an introduction and independent practice.

**Other training activities**

Created an elective for Neonatology fellows for NIDCAP or FINE training.
Outstanding achievements/events during the past 12 months

Many activities still on hiatus from the pandemic.
Doing more virtual parent events and one on one activities.
Created a tiktok channel to post videos for parent information and education.

Mother’s day in the NICU.

World NIDCAP Day gift bags for families
NIDCAP Cincinnati
Cincinnati Children’s Hospital Medical Center
Cincinnati, Ohio, USA

**Director:** Michelle Shinkle, MSN, NICU Clinical Director  
**Trainer:** Linda Lacina, MSN, NICU Infant Holistic Developmental Specialist  
**Medical Director:** Stephanie Merhar, MD, MS, Attending and Professor

**Number of current NIDCAP Professionals:** 7  
**Number of current NIDCAP Trainees:** 4  
*multidisciplinary professionals including a Music Therapist, a Child Life Specialist, and 2 nurses.*

**Number of current APIB Professionals:** 1

**Outstanding achievements during the last 12 months:**
- 14th year anniversary as a NICDAP Training Center!  
- Orientation to NIDCAP for all new NICU staff  
- Trauma Informed Care for all NICU staff after 1 year of hire  
- National webinar about developmentally supportive positioning for Molnlycke, based on the Synactive Theory of Infant Behavior  
- Trauma Informed Care Leadership quality improvement project  
- Spectral Lighting in the NICU – a natural lighting research project with Drs. James Greenberg & Richard Lang  
- Initial discussion phases of the creation of a Neuro NICU with Dr. Nehal Parikh, attending and researcher: Early Prediction Baby study  
- Moving Day into the new Critical Care Tower November 6 - the opening of our world-class Critical Care Building expands and enhances our ability to serve the most medically complex patients from our community and around the globe. The opening of this state-of-the-art facility is a remarkable achievement made possible through tens of thousands of hours of collaborative effort.
St. Joseph’s Hospital NIDCAP Training Center
St. Joseph’s Hospital and Medical Center
Phoenix, Arizona, USA

Co-Director: Bonni Moyer, MSPT
Co-Director: Marla Wood, RN, MEd

Trainers: Bonni Moyer, MSPT & Marla Wood, RN, MEd

Number of current NIDCAP professionals: 5
Number of current NIDCAP trainees/
number completed (Oct 2020 – 2021): 2

Number of APIB professionals/
APIB trainees /APIB completed in last 12 months: 0

Other training activities: None

Outstanding achievements/events during the past 12 months:

★ ESC program in the Nursery ICU. Playbook created to provide education throughout
the hospital and Dignity Health network hospitals in the U.S.
★ SNOO beds available for infants with neonatal abstinence syndrome.
★ Safe sleep education and daily rounds to promote safe sleep practice.
★ March of Dimes family support program offers virtual classes and one-one parent
support with craft activities.
★ Smooth Way Home grant provides virtual parent support and virtual feeding follow-up
visits after discharge.
South America

Argentina
Latinamerican NIDCAP and APIB Training Center
Buenos Aires, Argentina

**Director:** Graciela Basso, MD, PhD  
**Trainer:** Laura Goldberg, MD

**Number of current NIDCAP Professionals:** 4

**Number of current NIDCAP Trainees / Number completed (Oct 2020 – 2021)**

**Trainers in training:** 2

**Number of APIB Professionals/ APIB Trainees / APIB completed (12 months):** 1

**Other training activities in support of NIDCAP:**

- Workshops: 10
- Conferences: 16
- Online Nidcap Training: 2
- Course Fine 1: 3
- Course Fine 2: 2
Outstanding achievements/events during the past 12 months:

3 February 2021
Cerimonia di Presentazione CENTRO TRAINER NIDCAP, Rimini “Cura Della Famiglia in Terapia Intensiva Neonatale Per La Promozione Della Salute Futura”

February, the 5th 2021
Ceremony of Presentation of the RMINI NIDCAP TRAINING CENTER “Care For The Family In NICU To Promote Future Health”

Graciela Basso MD, PhD
Professor of Child Development- Universidad de Buenos Aires-Argentina
Europe

Belgium
Denmark
France
Germany
Italy
The Netherlands
Norway
Portugal
Sweden
The Brussels NIDCAP Training Center
Saint-Pierre University Hospital
Brussels, Belgium

**Director:** Inge Van Herreweghe, MD  
**Co-Director:** Marie Tackoen, MD

**Master Trainer-in-Training:** Delphine Druart

**NIDCAP Training Activities** (Oct 2020 – 2021):

- **Number of current NIDCAP professionals:** 9
- **Number of current NIDCAP trainees/number completed (Oct 2020 – 2021):** 9/2
  - 9 current NIDCAP Trainees / 2 completed
  - 3 NIDCAP trainees - standby
  - 3 NIDCAP recertification

**Other Training Activities:**

- CLE (Compréhension du Language de l’Enfant) training sessions (intermediate developmental care training program based on NIDCAP model), Delta, Ixelles hospital, St Luc hospital, CHU St Pierre in Belgium

**Outstanding achievements/events during the past 12 months:**

- Maintained parental presence, skin to skin and breastfeeding during Covid pandemic
- Sibling online workshop during Covid pandemic
- First step as Master Trainer in Training in collaboration with Valenciennes and St Brieuc hospitals with Agneta Kleberg (Senior Master Trainer)
- NIDCAP philosophy extension in general pediatric ward – CLE Training - CHU St Pierre
- First phase research - KMC project reference group- No separation from birth – Minimal 10 hours skin to skin each day
 ✓ Antenatal parental visit information including NIDCAP information
 ✓ Parent’s discharge readiness evaluation form
 ✓ Creation of a multidisciplinary group to increase the Brussels NIDCAP Training Center activities
 ✓ Increase the visibility of training and activities of the our NIDCAP Training Center (Facebook, LinkedIn)
 ✓ Expert group participation at the Belgian government- Goals: establishment of national guidelines, directives on Infant - Family Center Care
 ✓ World prematurity day webinar on developmental care for Vygon international
 ✓ CLE Program structure and evaluation lecture – Neuropediatric workshop in Brussels
 ✓ Article for the developmental observer for a next edition: “Evolution of the Saint Pierre Hospital guidelines for the support in the development of preterm infants’ feeding competencies, leading to national Belgian guidelines”
Danish NIDCAP Training and Development Center
Aarhus University Hospital
Aarhus N, Denmark

**Director:** Tine Brink Henriksen, PhD  
**Co-Director:** Majken Grund Nielsen, RN  
**Trainer:** Eva Jørgensen

**Number of current NIDCAP Professionals:** 3  
**Number of current NIDCAP Trainees:** 2  
/ **Number completed (Oct 2020 – 2021)** 2

**Other training activities:**
FINE level 1 and 2

**Outstanding achievements/events during the past 12 months:**
Celebrating world Prematurity Day and World NIDCAP day
Brest-French NIDCAP Center, Brest  
Centre Hospitalier Universitaire MORVAN  
Brest Cedex, France

**Director:** Jean-Michel Roué, MD, PhD  
**Trainer:** Sylvie Minguy

During this period, Nathalie Ratynski (who now trains under the Toulouse NIDCAP center) continued to carry out trainings (trainings that were postponed due to the pandemic)

**Number of current NIDCAP Professionals:** 6

**Number of current NIDCAP Trainees/ Number completed (Oct 2020 – 2021)** 2  
(Valenciennes)

**Number of APIB Professionals/ APIB Trainees/ APIB completed (12 months)** 1

**Other training activities:**

- FINE professionnals:
  - La Réunion – 8
  - Metz Thionville - 8
- Several SOFFI and SDD training by Zoom

**Outstanding achievements/events during the past 12 months:**

- NBO training with Jacques Sizun and Isabelle Olivard :2 sessions, 70 students
- Beginning of a scientific study: an early intervention program to support parent-child attachment via NBO
- IBAIP validation for 2 Psychomotor therapists
- First session of: University degree Family-centered care and breastfeeding (80 students). Collaboration with Brest Toulouse university with the Toulouse University (First session with 80 students)
Toulouse - French NIDCAP Center, Toulouse
Hôpital des Enfants
Toulouse, France

**Director:** Charlotte Casper, MD, PhD  
**Co-Director:** Sandra Lescure, MD  
**Contacts:** Sandra Lescure, MD / Céline Prout, RN

**Number of current NIDCAP Professionals**  
10  
(4 MD, 6 pediatric nurses)

**Number of current NIDCAP Trainees**  
4  
/ Number completed (Oct 2020 – 2021)  
4

**NIDCAP completed:** 4 (Toulon)  
Trainees: 2 (Besançon) 2 (Strasbourg)

**Number of APIB Professionals**  
3  
/ APIB Trainees / APIB completed (12 months)

### Other training activities

- **FINE 2:** 41 professionals  
  Ambroise Paré (2), Evry (6), Limoges (4), Mulhouse (6), Lille (14) Roubaix (4)  
  Grenoble-Voiron (5)

- **Developmental care introducing course** (equal FINE 1): 105 professionals  
  Toulouse (16+ 12+ 17 + 18); Mulhouse (10 + 8); Rodez (24)

### Outstanding achievements/events during the past 12 months:

- Getting back in our unit a developmental care specialist position to do NIDCAP observations: 255 observations have been performed in 1 year!! (83 follow up!)

- Creation of a new course (3 x 1 week): “Neonatal Family-centered Care (Breast feeding & Developmental care)” supported by the Brest University and the Toulouse University

- **Building of a new NICU in project** (2025) integrating family-centered design
Jacques is co-chair of the Special Interest Group “Human and Physical NICU environment” = GREEN (from the French Neonatal Society that publishes guidelines mostly inspired by the NIDCAP approach:


NIDCAP Germany, Training Center Tübingen
Universitätsklinik für Kinder- und Jugendmedizin
Tübingen, Germany

Directors:
Prof. Christian Poets (Medical Director)
Susanne Fallscheer, Nurse Manager, BA (Nursing Director)

Trainees:
Birgit Holzhüter, MD
Natalie Wetzel, RN, Nursing Educator, BA

Number of current NIDCAP Professionals 9
(4 on maternity leave)

Number of current NIDCAP Trainees
/ Number completed (Oct 2020 – 2021) 0

Number of APIB Professionals/ APIB Trainees
/ APIB completed (12 months) 2

Outstanding achievements/events during the past 12 months:
Prof. Christian Poets received the Equal Opportunities Award of Tübingen Medical Faculty in 2021
Modena Italian NIDCAP Training Center
Azienda Ospedaliera Policlinico
Modena, Italy

**Director:** Fabrizio Ferrari, MD  
**Co-Director and Trainer:** Natascia Bertoncelli, PT  
**Nursing director:** Giovanna Cuomo

**Number of current NIDCAP Professionals:** 8
**NIDCAP Trainees (Oct 2020 – 2021):** 1
**APIB Professional:** 1

**Outstanding achievements/events during the past 12 months:**

- WEBINAR “**NIDCAP Day Italy**” in collaboration with Rimini NIDCAP Training Center, VIVERE Onlus and the Italian Society of Neonatology (SIN), March 20\(^{th}\), 2021
- Updating and presentation of Care Procedures according to Infant and Family-Centred Care in our NICU (April-June 2021)
- Protocol on the safety of early skin-to-skin contact
Rimini NIDCAP Training Center
AUSL Romagna, Infermi Hospital
Rimini, Italy
Caring for the Family In NICU to Promote Future Health

Director and Contact: Gina Ancora, MD
Co-Director and Trainer: Natascia Simeone, RN
Nursing director: Sandra Lazzari, NIDCAP Professional

Number of current NIDCAP Professionals: 8
Number of current NIDCAP Trainees / Number completed (Oct 2020 – 2021): 6/0

A multidisciplinary group of NIDCAP Trainees: 2 doctors (1 otolaryngologist and 1 physiatrist), 2 physiotherapists, 1 nurse and 1 parent

Number of APIB Professionals/ APIB Trainees / APIB completed (12 months) 1

Other training activities:
• Fine 1 courses
• FINE 2 in progress

Outstanding achievements/events during the past 12 months:
• Annual meeting “The Family in the Neonatal Intensive Care Unit”, Rimini, December 12th, 2020 8th edition
• WEBINAR “NIDCAP Day Italy” in collaboration with the Modena NIDCAP Training Center, VIVERE Onlus and the Italian Society of Neonatology (SIN). March 20th, 2021
• Italian translation of the European Standards of Care for Newborn Health, in collaboration with SIN and Vivere Onlus. Gina Ancora coordinated the project
• Measurement and analysis of parents’ reported experience (Empathic questionnaire data)
• NICU quality improvement project: Integrating parents into the care team. June 2021-May 2022
• Starting the NIDCAP certification for one parent: evaluation of feasibility, challenges, and opportunities

• Maintenance of the mindfulness project for parents
Sophia NIDCAP & APIB Training Center
ErasmusMC-Sophia, Childrens Hospital
Rotterdam, The Netherlands

**Director:** Nikk Conneman, MD, NIDCAP Master Trainer, APIB Trainer

**Co-Director:** Monique Oude Reimer, RN, NIDCAP Trainer

**Number of current NIDCAP Professionals:** 6
Monique Oude Reimer, Hermine Buurman, Lianne van Buel, Nikk Conneman, Annelies Kruik, Heleen Snel

**Number of current NIDCAP Trainees:** 11
/ Number completed (Oct 2020 – 2021) 10

**Number of APIB Professionals/ APIB Trainees:** 5
/ APIB completed (12 months) 1

3 NIDCAP Trainers in Training and 1 certified NIDCAP Trainer

NIDCAP Trainers in Leuven
Bieke Bollen and Kelly Janssens (still in training for another month).

Online NIDCAP trainer training with Johann Binter, Teresa Garzuly, Heidelise Als Silke Haeusler, Manuela Roesler

NIDCAP Certified in Brussels
Outstanding achievements/events during the past 12 months:

NIDCAP Masterclass 2021, Netherlands and Belgium

- Ongoing FINE 1 (450+) and FINE 2 (40) Training and workshops in The Netherlands, Belgium, Austria, Saudi Arabia, Qatar and Germany.

- Designed and successfully executed multiple times, FINE 1 online education module in Dutch.

- Speakers at the International JENS Conference.

- Feedback from parents in our NICU:

  Dear NICU doctors, 💖
  Thank you for helping with my first breath and for giving me the chance for many more.
  Thank you for making me feel special & normal at the same time.
  Last but not least, thank you for treating my parents as partners, not patients.
  Elizabeth 😊
NIDCAP Norway, Aalesund Training Center
Aalesund Hospital
Aalesund, Norway

Director: Lutz Nietsch, MD
Contact: Unni Tomren, RN

NIDCAP Professionals: 6
Laila Storeide RN, Bente Røstad RN, Lutz Nietsch MD, Astrid Bjørneseth RN, Jannicke Bergseth RN, Eirin Røsvik RN

and newly certified 2
Hege Godø RN and Lisbeth M Tørlen RN

NIDCAP Trainees: 3
Tanja Pedersen MD, Malin Marie Bjerk RN, Regina Untera-Eggesvik RN

Outstanding achievements/events during the past 12 months:
- Working on a national care procedure for health professionals on developmental care/NIDCAP
- In NICU focus on:
  • NIDCAP to meet parents needs for support, guidance and information;
  • Staff workshops on infant self-regulation

Watercolors by A. N. Bjørneseth
Celebration!

Some of us

Newly certified NIDCAP Professionals
São João NIDCAP Training Center, Portugal
Pediatric Hospital at São João Hospital
Porto, Portugal

**Director:** Hercília Guimarães, MD, PhD
**Co-Director:** Fátima Clemente, MD

**Number of current NIDCAP Professionals:** 7

**Number of current NIDCAP Trainees / Number completed (Oct 2020 – 2021):** 6 / 3

**Number of APIB Professionals/ APIB Trainees / APIB completed (12 months)** 0 / 0 / 0

(1 APIB Professional)

**Other training activities**

- NIDCAP Foundation courses: **FINE 1 and 2**

<table>
<thead>
<tr>
<th>Training Component</th>
<th>2020</th>
<th>2021</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>FINE Level 1</td>
<td>80</td>
<td>105</td>
<td>185</td>
</tr>
<tr>
<td>FINE Level 2</td>
<td>0</td>
<td>24</td>
<td>24</td>
</tr>
<tr>
<td>NIDCAP completed/trainees</td>
<td>3/6</td>
<td>0/6</td>
<td>3</td>
</tr>
</tbody>
</table>

**Outstanding achievements/events during the past 12 months**

- The XXS (Portuguese Parents Association) has approved a financial support as an investment that they are going to make in training health professionals in family-centered care. This decision is in line with their mission as an association and with the aim of giving babies and families the best possible support so that babies have the best start in life in accordance with the recommendations of the European Standards for the Care of Newborns. The value will be spend on the support to have several
professionals from all level 3 Portuguese hospitals (13), attending Fine1 and some of these professionals advancing to Fine2.

- Translation to Portuguese of the FINE 1 and 2 manuals and exercise books, also with the support of the XXS Grant.

- Organization and Participation on the “Mentoring meetings”, together with Madrid, Barcelona and Israel NIDCAP Centers, supporting NIDCAP professionals from “Iberian Countries”.


- Participation on the Australian project: Little readers read-a-thon

Training on-line!

Developmental care, supporting babies under cardiac surgery
Barcelona NIDCAP Training Center: Vall d’Hebron and Dr Josep Trueta Hospitals
Hospital Universitari Vall d’Hebron
Barcelona, Spain

**Director:** Josep Perapoch, MD, PhD  
**Trainers:** Josep Perapoch MD, Fatima Camba MD, Estrella Gargallo RN  
**Trainer-in-Training:** Angela Gregoraci

<table>
<thead>
<tr>
<th>Professional</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>NIDCAP</td>
<td>10</td>
</tr>
<tr>
<td>NIDCAP Trainees</td>
<td>6</td>
</tr>
<tr>
<td>/ Number completed (Oct 2020 – 2021)</td>
<td>3</td>
</tr>
<tr>
<td>APIB</td>
<td>3</td>
</tr>
<tr>
<td>/ APIB Trainees / APIB completed (12 months)</td>
<td>1/0</td>
</tr>
</tbody>
</table>

**Other training activities:**


**Outstanding achievements/events during the past 12 months:**

- Celebration of World Prematurity Day
- We give the families the story "One premature story" ([http://bit.ly/premaESP](http://bit.ly/premaESP)), written by one of our colleagues
Hospital Universitario 12 de Octubre NIDCAP Training Center, Spain
Hospital Universitario 12 de Octubre
Madrid, Spain

Director: Carmen Martinez de Pancorbo, MD
Co-Director: Carmen Pallás Alonso, MD
Nursing director: Esther Cabañes, RN,NIDCAP Professional
Trainer: María López Maestro, MD

Number of current NIDCAP Trainees 4
-number completed (Oct 2020 – 2021): 0

Number of APIB Professionals
-APIB Trainees / APIB completed (12 months): 0

Other training activities:

- Fine 1 courses
- FINE 2 in progress

Outstanding achievements/events during the past 12 months:

- **CUIDAME Program** - Integrating parents into the care team.
- Maintaining parental presence in the unit despite the epidemic COVID.

In the Satisfaction Questionnaire administered annually to the parents (The Nurse Parent Support Tool. Journal of Pediatric Nursing, Vol 14, No 1 (February), 1999). The satisfaction of parents in 2020 was very high (4.7/5) despite the pandemic situation we have experienced, higher than in previous years (4.57 in 2019 and 4.48 in 2018). We believe that the new architectural environment and the implementation of emotional support for parents by the psychiatry and psychology team have had an influence.

- On-line Course "The challenge of caring in family rooms in intensive care".
• Mindfulness project for parents, measuring cortisol before and after receiving the intervention

................in times of pandemic, don't lose the most important thing
Karolinska NIDCAP Training and Research Center, Sweden
Astrid Lindgren Children’s Hospital at Karolinska University Hospital
Stockholm, Sweden

Board: Björn Westrup MD; Lena Hellström Westas MD; Kajsa Bohlin MD; Siri Lilliesköld RN; Carina Branvik-Ingelsson RN
Senior Master Trainer: Agneta Kleberg RN
Trainer: Ann-Sofi Ingman RN

APIB Professionals: 2

Current NIDCAP Professionals at Karolinska: 12
Current NIDCAP Professionals in Sweden: approximately 30 + 4 reliable 2021

Current NIDCAP Trainees: 6
(Karolinska 4, Linköping 2)

Other training activities:
- FINE training: 350 nurses and doctors trained in FINE1+2 (2016-2021) and 400 nurses and doctors trained in FINE1, 8h training.
- Research:
  - Zero separation projects.
  - Immediate parent-infant skin-to-skin study (IPISTOSS).
  - RCT of a post-discharge program
Lund-Malmö NIDCAP Training and Research Center
Skåne, Sweden
Established 2021 - Official Opening Ceremony March 2022!

**Director:** Elisabeth Olhager MD, PhD, Head of Neonatology and Paed.Surgery
**Trainer:** Stina Klemming MD
**Trainer in Training:** Pernilla Stenman RN

**Current NIDCAP Professionals:** 10
**APIB Professionals:** 1
**APIB Trainee:** 1
**Current NIDCAP Trainees:** 9
(Skåne 3, Karlskrona 1, Falun 2, Växjö 3)

**NIDCAP Professionals to reliability 2020-2021:** 3
Ida Vikander, Camilla Trelde, Jenny Jarleborn

**Other training activities:**
FINE 1 and 2 Training

**Outstanding achievements/events during the past 12 months:**
Establishment of The NIDCAP Training Center
UK NIDCAP Centre
University College London Hospital
London, United Kingdom

Director: Giles Kendall, MBBS, FRCPCH, PhD
Senior Trainer: Inga Warren*
Trainer: Gillian Kennedy* (*affiliation to UCLH: both have Honorary Contracts)
Trainer in training – Beverley Hicks (agreed by NFI- formal application in progress)

NIDCAP Professionals: 2
(OT and Neonatologist)

NIDCAP Trainees: 0

APIB professionals: 1

APIB trainees: 0

Other training activities

FINE 1: Number of courses: 35
- UK (Including Northern Ireland): 16 groups
- Ireland: 1 group
- Hungary: 16 groups (supported by funding from government)
- Lithuania: 2 groups (supported with funding through parent organisation)

Total: approx. 560 people attended. Largest group nursing background but approx. 10% doctors (higher in Hungary and Lithuania) and 10% allied health professionals in the UK. Feedback highly positive but not yet analyzed systematically.

FINE 2:
UK: Started: 14 (8 AHP, 6 nurses) Completed: 9 (3 AHP, 6 nurses)
Ireland: Started 2 Completed: 2 (1 nurse, 1 AHP)
Romania: Started 5 (3 doctors, 2 nurses) Completed: 2 (1 doctor, 1 nurse)
Hungary: Started 9 (7 doctors and 2 nurses) Completed 0
Canada: Started 2 (1 doctor, 1 SLT) Completed 0

FINE 3:
UK: 2 students working at this level. (1 doctor and 1 nurse)

**Outstanding achievements in past 12 months**

- Unrestricted parental presence during pandemic.
- Support and securement of funding for:
  - Beverley Hicks: NIDCAP trainer – training
  - Training of two NIDCAP professionals from MDT
  - Beverley’s input as neurodevelopmental specialist to NNU 2 days per week.
- Conversion of FINE to *e-learning* formats
- FINE website created
- Translation supported of materials for e-learning into Hungarian, Lithuanian and Romanian
- FINE 1&2 handbooks updated.
- Inga Warren awarded CBE in “*The Queen’s New Year’s Honours*” to for her services to the care of preterm babies
The University Hospitals Leuven
Leuven, Belgium.

**Director:** Anne Debeers, MD
**NIDCAP Trainer:** Bieke Bollen, PhD
**NIDCAP Trainer-in-Training:** Kelly Janssens, RN

Established 2021- official Open Ceremony May 2022!

| Number of current NIDCAP Professionals: | 9 |
| Number of current NIDCAP Trainees: | 3 |
| Number completed (Oct 2020 – 2021): | 3 |
| Number of APIB Professionals: | 2 |

**Other training activities:**
FINE 1 training (in person!)
- Since the last trainers meeting, we trained 50 professionals from different Belgian hospitals

**Outstanding achievements/events during the past 12 months:**
- Becoming a NIDCAP training center 😊
- During the pandemic, parents and babies were always regarded as an inseparable unit, so parents were welcomed in the unit 24h/day, 7 days a week (unless ill/covid positive) and skin-to-skin care was encouraged as before.
- Weekly developmental care rounds by NIDCAP professionals are well integrated
- Prof. dr. Christine Vanhole published another book, this time on sleep in infants and toddlers.
- Our annual kangaroo marathon was a great success even in covid times with 912 hours of KC (with +/-30 babies) between the 7th and 17th of November 2020. We celebrated with cake for parents and a kangaroo-shaped blanket for each baby. Next month, we strive for a 1000 hours!
Happy world NIDCAP day! En vandaag hebben wij ook iets te vieren, want het Leuven NIDCAP trainingscentrum open officieel de deuren...
Asia and Oceania

Israel
Japan
Australia
Israel NIDCAP Training Center
Meir Medical Center
Kfar Saba, Israel

**Director:** Ita Litmanovitz, MD
**Co-Director and Trainer:** Dalia Silberstein, RN, PhD

**Number of current NIDCAP Professionals** 5
**Number of current NIDCAP Trainees** / **Number completed (Oct 2020 – 2021)** 0

**Number of APIB Professionals** / **APIB Trainees** / **APIB completed (12 months)** 0

**Other training activities:**
- Nationwide training on NIDCAP-based care
  (3 introductory and 3 advanced courses in 2020-21)

**Outstanding achievements/events during the past 12 months:**
- Increasing involvement of NICU staff in teaching
- A new training initiative for CICU/PICU staff
- Chairing the Ministry of Health Committee on *Developmental Care and Parent Empowerment in NICUs in Israel*
Japan National NIDCAP Training Center

Japan

**Director:** Tomohisa Fujimoto, PT  
**Chairman:** Shohei Ohgi, PhD, PT  
**Honorary Chairman:** Hiroshi Nishida, MD  
**Trainer:** Tomohisa Fujimoto, PT  
**Trainers-in-Training:** Noriko Moriguchi, MSN, RN, PHN, IBCLC  
Yoko Otake, RN  
Kanako Uchiumi, RN, MW

**Current NIDCAP Professionals:** 20  
**Current NIDCAP Trainee (Oct 2020 – 2021)** 1  
**APIB Professional** 1  
**APIB Trainees** 4

**Other training activities:**

Japan Developmental Care Research Association webinar held on November 19, 2020:

“*Family Centered Care Under COVID-19*”

**Outstanding achievements/events:**

Japan National NIDCAP Training Center organization and opening preparation plan
Australasian NIDCAP Training Centre
Westmead NSW Australia

Co-Director: Alison Loughran-Fowlds MBBS, DCH, FRACP, PhD
Co-Director: Kaye Spence AM, RN, MN
Trainer: Nadine Griffiths

Co-Directors (Co-chairs of Board of Directors): Associate Professor Kaye Spence AM
Co-Directors (Co-chairs of Board of Directors): Ms Angela Casey (Temporary)
NIDCAP Trainer: Nadine Griffiths
Affiliated APIB Trainer: Dr Joy Browne
Board of Directors: Professor Donna Waters, Kristen James Nunez, Eleni Gerassis, Cathryn Crowle, Dr Stephanie Boyd, Dr Robert Halliday, Holly Murphy

Number of current NIDCAP Professionals: 8 in NICU, 1 in PICU
Total of NIDCAP Certified professionals since 2017: 11
Number of current NIDCAP Trainees: 1
/ Number completed (Oct 2020 – 2021): 2
2 x completed in July 2021, 1 x undertaking NIDCAP AP in August 2021

Number of APIB Professionals
/ APIB Trainees 10
/ APIB completed (12 months):
APIB trainees: 1 Australia, 5 Japan, 4 (Ghent) Belgium

Other training activities

<table>
<thead>
<tr>
<th>Training Component</th>
<th>2020*</th>
<th>2021*</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>FINE Level 1</td>
<td>54</td>
<td>179</td>
<td>233</td>
</tr>
<tr>
<td>FINE Level 2</td>
<td>14</td>
<td>22</td>
<td>36</td>
</tr>
<tr>
<td>NIDCAP</td>
<td>-</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>

*Training capacity affected by COVID19 pandemic – 2021 numbers are based on current registrations for remaining 2021 programs

Since 2017: Total FINE Level 1 Training: 860, Total FINE Level 2: 74
Outstanding achievements/events during the past 12 months

Publications:


Presentations:

- Kaye Spence invited presenter: Japan Perinatal Society Conference, Tokyo. Developmental Care: Evidence for Improving Care in the Neonatal Unit.

- Jane Pettigrew and Cathryn Crowle invited presenters: Allied Health Telehealth Virtual Education Session October 2020 (NSW wide) An introduction to developmental care for hospitalised neonates

- Nadine Griffiths invited presenter: Neonatal Masterclass Series (November 2020) Western NSW LHD, The application of developmental care

Development of resources:

- Co-authorship of FINE eLearning program with FINE Partnership to be launched on 17th November 2021

International initiatives:

- Little Readers Readathon in partnership with Life’s Little Treasures Foundation

Kate Nagel and Kirsty Minter – NIDCAP Professionals

Kangaroo-a-thon
FINE 2 – Virtual Introduction

FINE 1 – Hand-on workshop