

APIB Training

APIB Journal Page

The following *Journal Pages* provide a record to be filled out in conjunction with an Assessment of Preterm Infants' Behavior (APIB) performed in the course of learning to become proficient in the use of the APIB. It allows student examiners to reflect on their practice in order to maximize their learning.

Administration of the APIB may be considered an interview with the infant. Interactive questions posed, i.e. the infant's behavior in response to an item administered provide the examiner with the opportunity to evaluate whether the question was appropriate for the infant; how a question might be rephrased in order to make it more easily accessible to the infant; which questions appear to support the infant to 'shine' and which are more challenging; as well as how much support may be indicated in the course of their answer. Sub-questions may be helpful in gathering additional information about the infant's individuality and competence and may aid in understanding the infant's level of balanced organization and threshold to stress.

Examiners are encouraged to reflect on themselves and their feelings, thoughts, and contributions during an infant's assessment and afterward when they share what they have learned with an infant's parents and/or nursery caregivers.

Creation of a folder (Journal) is recommended of the *APIB Journal Pages* during APIB practice; it provides an excellent record and overview of experience gained and progress made. It also provides an important document for the APIB student's Trainer and will assist in collaborative planning of next steps.

APIB Reflections: Journal Page

Date of APIB Evaluation: _____ Location of APIB Evaluation _____

APIB Professional-in-Training - Name, Title, and Hospital Name and Location: _____

APIB Trainer's Name, Title and Hospital Name and Location: _____

Infant's Name: _____

Name of APIB Examiner _____

Assessment Parameters: Start Time _____ End Time _____

What were the strengths of evaluation space? _____

What were the challenges of evaluation space? _____

What Questions (Package or Items) presented the infant's greatest strengths? In which subsystem(s) were they most apparent?

What were the infant's overall strengths and when did the infant shine?

What Questions (Package or Items) presented the infant's greatest vulnerabilities? In which subsystem(s) were they most apparent?

What were the infant's overall vulnerabilities?

Estimate Infant's APIB Practice Category:

Critically Ill Relatively Stable Stable Growing Ready to go Home Healthy Fullterm

Estimate the infant's gestational age at birth and the infant's age now and document the behaviors, observations and/or characteristics on which you base your estimates:

Estimate the approximate range of likely APIB Systems Scores ('ball-park' the scoring) that you expect to be appropriate for the characterization of the infant's behavior

What medical and care issues might the infant have had to integrate? What appear to be the infant's medical issues and challenges now?

Now score the APIB System Sheet, Packages I – VI and Summary Sheet

Time between Assessment and Scoring _____

Start Time of Scoring _____ End Time of Scoring _____

Total Time Required for Scoring _____

Study the Infant's Medical Record after APIB Scoring:

Infant's Date of Birth _____ Gender: Male Female

Gestational Age at Birth _____ On Day of APIB Assessment _____

Growth Parameters:	At Birth	Day of APIB Assessment
Weight	_____ g (____ oz) _____ %	_____ g (____ oz) _____ %
Length	_____ cm (____ in) _____ %	_____ cm (____ in) _____ %
Head Circumference	_____ cm (____ in) _____ %	_____ cm (____ in) _____ %

Now complete the Medical History and Observation Background Sheet