December 2021





Dear Members of the NFI,

In the spirit of our 20th Anniversary, here are 20 of our BEST MOMENTS of 2021.

- 1. Anniversary of the NFI is celebrated
- 2. Backing of the NFI (including endorsements of programs, courses, conferences) approved
- 3. Category for Allied Membership added
- 4. Developmental Observer thrived
- 5. EFCNI Lighthouse Project NIDCAP Nursery Program recognized
- 6. Family Resource Series films shared
- 7. Guidelines for online NIDCAP and APIB training developed
- 8. Hiland Consulting with Board of Directors facilitated
- 9. Instagram, Facebook and Twitter messages posted
- 10. Learning Center developed
- 11. Mentoring sessions for Spanish speaking NIDCAP Trainers held
- 12. NFI Webinar Series inaugurated
- 13. Online Website re-imagined and launched
- 14. Podcast Series aired
- 15. Research summaries by NIDCAP and Science Subcommittee shared
- 16. Survey on hospital care practices for infants and families during the pandemic published
- 17. Training Many New Trainers, Trainers in Training and Training Centers certified
- 18. Virtual Annual NIDCAP Trainers Meeting successfully held
- 19. World NIDCAP Day (and Month) celebrated
- 20. Yearly NIDCAP Care Around the World poster of photographs shared

We are truly part of an remarkable international community. You are invited to reflect on 20 of your own best NFI/NIDCAP moments of this past year... and 20 that you imagine for the coming year! You are welcome to share your lists with us by sending them to <u>shareyourstory@nidcap.com</u>.

As this year draws to a close, we send wishes of **gratitude for our relationships with one another** and **for the critically important NIDCAP difference made all around the world every day**.

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NIDCAP Updates



New NIDCAP Training Center Opens

The Japan National NIDCAP Training Center officially opened and began recruiting new NIDCAP trainees in Japan. For questions and interest please email Tomohisa Fujimoto, Director, NIDCAP Trainer, APIB Professional, at <u>fusan.mail@gmail.com</u>.

Many congratulations to our newest NIDCAP Training Center!



NFI Webinar Series

With gratitude to *gretchen Lawhon, PhD, RN, FAAN* for her inspiring presentation last month on "Neurobehavioral Assessment Facilitating Parenting within Newborn Intensive Care and Beyond." gretchen described her position at Jefferson Abington Hospital. She offered us an incredible model of applying the clinical practice of NIDCAP and drawing on the Assessment of Preterm Infants' Behavior to support young infants and their families. Please check back



soon on our Learning Center to view the recording of this webinar.

In Honor of the NFI's 20th Anniversary and *Heidelise Als, PhD*, the inaugural NFI March 1st 2021 webinar became available on our new Learning Center. The Webinar is free for Members to view. Learning Center Link

NIDCAP Mentorship in Spanish

The second learning & reflection session for Spanishspeaking NIDCAP Trainers was held in November. *Fatima Camba, MD,* NIDCAP Trainer at Barcelona, presented a case study related to *Contacto piel con piel y vinculación; dificultades y retos durante los primeros días* (Skin to skin care and bonding; challenges during the first days of life). This very well received, important activity continues to be led by *Fatima Clemente, MD, Maria Maestro, MD, and Dalia Silberstein, PhD, RN.*

NFI Honors WORLD PREMATURTY DAY

All around the world, our members honored World Prematurity Day throughout the month of November. In the greater Boston area, the NFI's raised awareness with four bridges lit in purple.

Please share the ways you marked this day and month by sending your stories and photos (with permissions) to <u>shareyourstory@nidcap.com</u>.

And soon... the NFI will be honoring **World NIDCAP Day/Month**. It is time to explore the bridges and landmarks in your regions that can be lit in teal to raise awareness of NIDCAP care!

New R3: Research, Read & Review

In November, the NIDCAP and Science Committee released its 14th review of research that has an emphasis on the relevance to NIDCAP. The Committee invites you to "reflect on its content, to think of its impact on your practice, to use it as material for discussion with colleagues and families, or just as a curious piece of information." With appreciation to *Dalia Silberstein, PhD, RN* from the Israel NIDCAP Training Center for this review.

Feedback of past reviews, and interest in future summary and reviews of articles, are welcome. Please contact: <u>daliasil1960@gmail.com</u>.



NFI 20th Anniversary Celebration Blog Post Form

The NFI invites each of you to share a short description about something, of which, you/your training center or hospital is particularly proud. What accomplishment, initiative, or project from any of these last 20 years can you share to help us celebrate our shared Vision of "a global society in which all hospitalized newborns and their families receive care in the NIDCAP model"? We want to highlight and celebrate YOU!

If you have any questions before completing the form, please contact Jennifer Degl (NFI Board Member and co-chair of the Advancement Committee (at jenniferdegl@gmail.com)

NFI Blog Submission Invitation

The NFI is re-starting our Blog posts. Everyone is invited to share short submissions. What accomplishment, initiative, and/or project from the past 20 years can you write about to help us celebrate 20 years of the NFI? We want to highlight and celebrate you and your efforts.

Our goal is for *every* NIDCAP Training Center to submit at least one accomplishment.

Please use the Google Form link below to submit your blog post:

https://docs.google.com/forms/d/1kHxUhHY4fvvJekPh onKDYBMaweD-FQAqqa210jRp8cY/edit

If you have any questions, please contact Jennifer Degl (jenniferdegl@gmail.com).

NFI Fundraising



When you shop at <u>smile.amazon.com</u>, the NFI ("Nidcap Federation Intl Inc) is set up to receive a portion (.05%) of the purchase price for items bought online on the AmazonSmile site, at no cost to you.

From Amazon: To shop at AmazonSmile simply go to <u>smile.amazon.com</u> from the web browser on your computer or mobile device... On your first visit, you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. (Amazon) will remember your selection, and then every eligible purchase you make at <u>smile.amazon.com</u> will result in a donation (to the NFI).



WORLD NIDCAP Day/Month - Invitation to Join Gala Planning Committee

We are *very* excited to announce that in March 2022, the NFI is planning its first ever NFI Virtual International Gala in honor of World NIDCAP Day/Month! Please stay tuned for details.

There's lots to do and plan and we need your help! If you would like to join our *Gala Planning Committee*, please email me with your interest (<u>nfipresident@nidcap.org</u>).

NFI Board of Directors



NFI FY 2021-22 Board Members & Executive Council

NFI Board of Directors

Video Conference Call Minutes

When available, the full NFI Board of Director Minutes will be posted within our website's Membership Section. The following are HIGHLIGHTS from the End of Year Board Meeting discussions.

November 10 , 2021

- The first Board Meeting of the new fiscal year was held.
- Officer elections were held. All officers were unanimously re-elected: Deborah Buehler, PhD, President; Dorothy Vittner, RN, PhD, Vice President; Gloria McAnulty, PhD, Treasurer; Jean Powlesland, RN, MS, Secretary and Sandra Kosta, BA, Assistant Treasurer.
- The 2020 Annual NIDCAP Trainers Meeting was preliminarily reviewed.
- Plans for upcoming Board communications and meetings were discussed.
- Succession plans for Board of Director Committee Chairs and Officer Roles were discussed.
- Maria Lopez Maestro agreed to assume the role of Co-Chair of the Finance Committee with Gloria McAnulty.

• To support upcoming Strategic Plan updates, Mary Hiland will be invited to virtually facilitate the January Board conference call and the Mid-Year Meeting.

Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Warm **HOLIDAY** wishes to everyone,

Deborah

Deborah Buehler, PhD NFI, President, Member of the Board Director of the West Coast NIDCAP and APIB Training Center West Coast NIDCAP & APIB Training Center UCSF Division of Neonatology, Box 0734 550 16th Street, Floor 5 San Francisco, CA 94143 USA Email: <u>deborahbuehler@comcast.net</u> Linked In: <u>www.linkedin.com/in/deborahbuehler/</u> Organization: <u>www.nidcap.org</u>