



*Small acts, when multiplied by millions of people, can transform the world.*  
Howard Zinn (Historian, Playwright, Activist)

Dear Members of the NFI,

Watching a baby breathe, listening to a parent's experience, lifting up a colleague... Every small moment leads to opportunities for support. Our community of NIDCAP Professionals and Supporters repeat these small moments every day, all around the world. Together we are truly changing care for infants and their families within hospitals. This is a period of time that has been and continues to be challenging and difficult. Yet, may 2022 be one where we honor our focus on caring, nurturance and collaboration. May this 20<sup>th</sup> anniversary year of the NFI be one of celebrating our organization and one another, all of our accomplishments and the promise of what's to come.

## NFI Updates & News

NIDCAP TRAINING CENTERS WORLDWIDE



## NIDCAP Updates



### NFI Member in the News

Tremendous congratulations to *Professor Pierre Kuhn*, from Strasbourg University Hospital, for his very exciting award the Apgar Prize for Neonatologist of the Year from the Scientific Council of the French Society of Neonatology! Dr. Kuhn was recognized for his research, inspired by NIDCAP, on the sensory development of the premature newborn, his participation in the development of European Standards, the coordination of the work group GREEN.



### NIDCAP (and NIDCAP-Related) Publications

#### From France

Explorations of hospital care practices before and after NIDCAP... many positive changes documented!

Changes of Infant- and Family-Centered Care Practices Administered to Extremely Preterm Infants During Implementation of the NIDCAP Program. Valérie Klein, Claire Zores-Koenig, Laurence Dillenseger, Claire Langlet, Benoît Escande, Dominique Astruc, Isabelle Le Ray, Pierre, and Strasbourg NIDCAP Study Group. *Frontiers in Pediatrics*. 2021; 9: 718813. Published online 2021 Sep 3. doi: [10.3389/fped.2021.718813](https://doi.org/10.3389/fped.2021.718813)

#### From Italy

Review of parent participation, including support for skin to skin holding and breastfeeding in Italian hospitals. Next steps to increase parent opportunities were identified.

Claudia Artese, Fabrizio Ferrari, Silvia Perugi, Paola Cavicchioli, Giuseppe Paterlini, Fabio Mosca & the Developmental Care Study Group of Italian Society and Neonatology, *Italian Journal of Pediatrics* volume 47, Article number: 231 (2021); <https://doi.org/10.1186/s13052-021-01164-8>

#### From the United States

Use of the Synactive Theory Model and the observation of newborn behaviors to support infants during their NICU nursing care.

Pattern Recognition, the Nurse-Patient Relationship and Health as Expanding Consciousness (HEC)

[DECEMBER 7, 2021 / NURSOLOGY TEAM](#), Guest

Contributor: Margaret (Peggy) Settle, PhD, RN, NE-BC



### NFI 20th Anniversary Celebration Blog Post Form

The NFI invites each of you to share a short description about something, of which, your training center or hospital is particularly proud. What accomplishment, initiative, or project from any of these last 20 years can you share to help us celebrate our shared Vision of "a global society in which all hospitalized newborns and their families receive care in the NIDCAP model"? We want to highlight and celebrate YOU!

If you have any questions before completing the form, please contact Jennifer Degl (NFI Board Member and co-chair of the Advancement Committee) at [jenniferdegl@gmail.com](mailto:jenniferdegl@gmail.com).

## NFI Blog Submission Invitation

The NFI is re-starting our Blog posts. Everyone is invited to share short submissions.

What accomplishment, initiative, and/or project from the past 20 years can you write about to help us celebrate 20 years of the NFI? We want to highlight and celebrate you and your efforts.

Our goal is for every NIDCAP Training Center to submit at least one accomplishment.

Please use the Google Form link below to submit your blog post:

<https://docs.google.com/forms/d/1kHxUhHY4fvvJekPhonKDYBMaweD-FQAqqa210jRp8cY/edit>

If you have any questions, please contact Jennifer Degl ([jenniferdegl@gmail.com](mailto:jenniferdegl@gmail.com)).



## WORLD NIDCAP DAY Saturday, March 20<sup>th</sup>

**Our fourth** celebration is nearly here! In honor of this day (and month!), the NFI invites you to honor newborns who are or have been hospitalized, their families, and the nursery staff and hospitals around the world who care for them.

Light a local landmark or a bridge... hold family and professional caregiver events... how will you honor NIDCAP in March? Please visit [our website](#) for information, resources and ideas for how to participate in this international celebration.

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And it is time to submit your **PHOTOGRAPH OF NIDCAP CARE** for inclusion in our 2021 **World NIDCAP Day** poster of NIDCAP care from around the world... Please send us a photo by **MONDAY, JANUARY 17<sup>th</sup>**.

You must have permission for the photograph(s) you send to be shared on our website, social media, newsletter and related NFI educational sites and ONLY use our NIDCAP email address to [shareyourstory@nidcap.org](mailto:shareyourstory@nidcap.org). Please use the attached photo release to obtain permission. As always, we are so very appreciative for families to share their images and experiences and we must ensure their privacy.

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## New This Year – Virtual International Gala

We are very excited to announce that in March 2022, the NFI is planning its first ever [NFI Virtual International Gala](#) in honor of [World NIDCAP Day/Month!](#) Please stay tuned for details.

There's lots to do and plan and we need your help! If you would like to join our *Gala Planning Committee*, please email me with your interest ([nfipresident@nidcap.org](mailto:nfipresident@nidcap.org)).

## NFI Board of Directors

### NFI Board of Directors

#### Video Conference Call Minutes

When available, the full NFI Board of Director Minutes will be posted within our website's Membership Section. The following are **HIGHLIGHTS** from the December Board Meeting discussions.

**December 8 , 2021**

- *Minutes from the End of Year FY2020-2021 meetings, monthly conference calls on October 13, November 10 and the Annual Membership Meeting FY2020-2021 were approved.*
- *Dates for Board meetings for the first part of 2022 and Mid-Year Board Meeting were discussed.*
- *The Advancement Committee is planning the first NFI Virtual Gala, and a fundraising campaign revolving around the theme of "20 for 20".*
- *The Board reviewed the Annual NIDCAP Trainers Meeting evaluations and offered feedback.*



NFI FY 2021-22 Board Members &  
Executive Council

Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Warm New YEAR wishes to everyone,

Deborah

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