



Our hearts and thoughts are with all the people  
affected by the fighting in the Ukraine.  
May peace and safety be restored soon for  
the children, families and all the people of the region.



Warm **World NIDCAP Month** Greetings,

March is a month of many happenings in the NIDCAP world.

**World NIDCAP Month • World NIDCAP Day (March 20) • NFI's 20th Anniversary** • And we are excited for our first ever virtual **World NIDCAP Day Benefit Gala!**

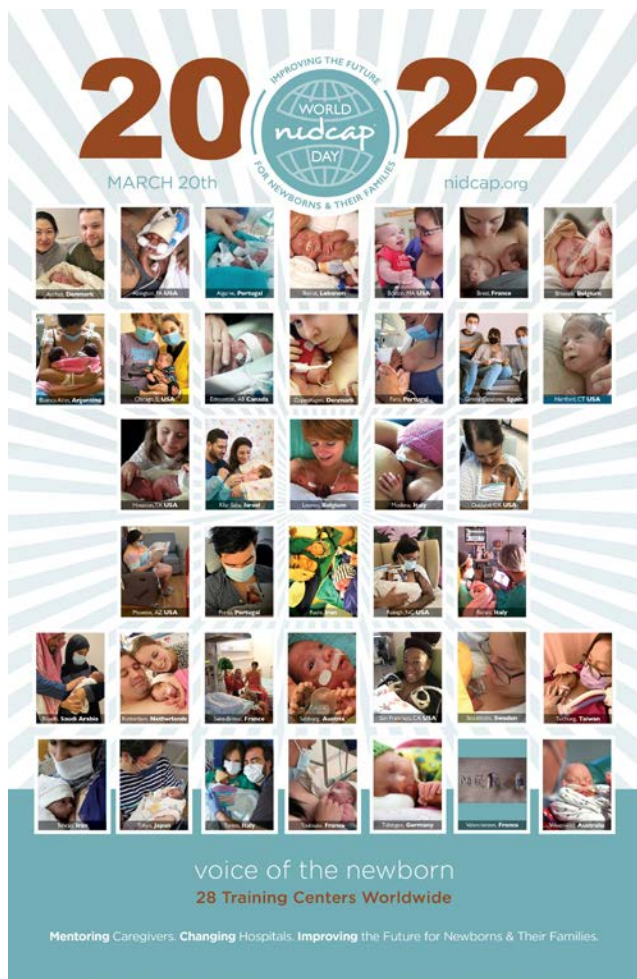
These events bring all sorts of opportunities for introducing NIDCAP to new people and to raise needed funds to further the reach of the NFI. We invite everyone to participate in small and big ways!

Join the NIDCAP community at our benefit gala on March 20<sup>th</sup> and invite all your friends to learn about and support the effort that is the basis of your work; sponsor World NIDCAP Day and Month activities and so much more. Please see the ideas below for ways that you can honor NIDCAP and the NFI for the next 20 days and beyond while celebrating our 20 year history.

We are also holding a friendly NIDCAP Training Center challenge to raise monies and awareness along the way. In honor of our 20<sup>th</sup> year, we challenge each of 28 NIDCAP Training Centers to raise \$2,020 in the 20 days leading to March 20<sup>th</sup>'s World NIDCAP Day. With the month now underway... the challenge is ON - Good luck! Please see the Gala information below for different ways to reach your center's \$2,020 goal. With all of your help, we will raise funds to develop our Learning Center and to meet online learning needs now and into the future.

## World NIDCAP Day

### Month of March / March 20<sup>th</sup>



All throughout March, the NFI community honors newborns and young infants who are or have been hospitalized, their families, and the nursery staff and hospitals around the world who care for them.

#### IDEAS

- Promote NIDCAP, World NIDCAP Day & our Benefit Gala.
- Proudly wear the color Teal
- Hold Family and Healthcare Team Teas
- Celebrate NIDCAP Team's Accomplishments
- Light Local Landmarks and Bridges in Teal
- Share our 4<sup>th</sup> Annual NIDCAP Around the World Poster (attached)
- Download World NIDCAP Day toolkit from [our website](https://www.nidcap.org)

#### SHARE

(Reach the World via Social Media & our Website)

- Post WND activities on Facebook, Instagram, Twitter, and LinkedIn with #nidcapfederationinternational / #worldNIDCAPday / #nidcappartneringwithfamilies
- Send Photos and Stories of your World NIDCAP Day for Post Happenings on nidcap.org Send your stories to [shareyourstory@nidcap.org](mailto:shareyourstory@nidcap.org) (please only use this email for submissions and be sure you have permissions to share images)



## World NIDCAP Day Virtual Benefit Gala

**Sunday, March 20<sup>th</sup> • 8 pm (everywhere)**

Our Benefit Gala will introduce NIDCAP to a wider audience.

This includes families who have experienced hospital care for their infants, healthcare professionals, people who have children, and people who have been children! Everyone is welcome to join us.

In doing this we will also raise funds to support our efforts to expand our Learning Center.

### **ONE: THE GALA**

Our [Benefit Gala](#) 2022 will be an hour-long virtual event that will include:

Families, who share their stories and advocate for NIDCAP care, NIDCAP Professionals and Trainers, brief videos of NIDCAP care from around the world and of our NIDCAP Training Center teams, and a message from our founder Heidelise Als.

### **What You Can Do:**

- Register to Attend the Benefit Gala
- Purchase Raffle Tickets



- Donate to the NFI
- Share the Gala Site
- Post your Gala activities on Facebook, Instagram, Twitter, and LinkedIn with #nidcap / #nidcapgala

## **TWO: THE CHALLENGE**

In celebration of 20 NFI years, for 20 days we are holding a friendly NIDCAP Training Center competition. All 28 Centers are challenged to raise \$2,020 USD/Euros (or a comparable amount in other currencies) for the NFI

What You Can Do – [Invite your Family, Friends and Colleagues to:](#)

- Register to Attend the Benefit Gala
- Purchase Raffle Tickets
- Become Family or Allied NFI Members
- Donate to the NFI

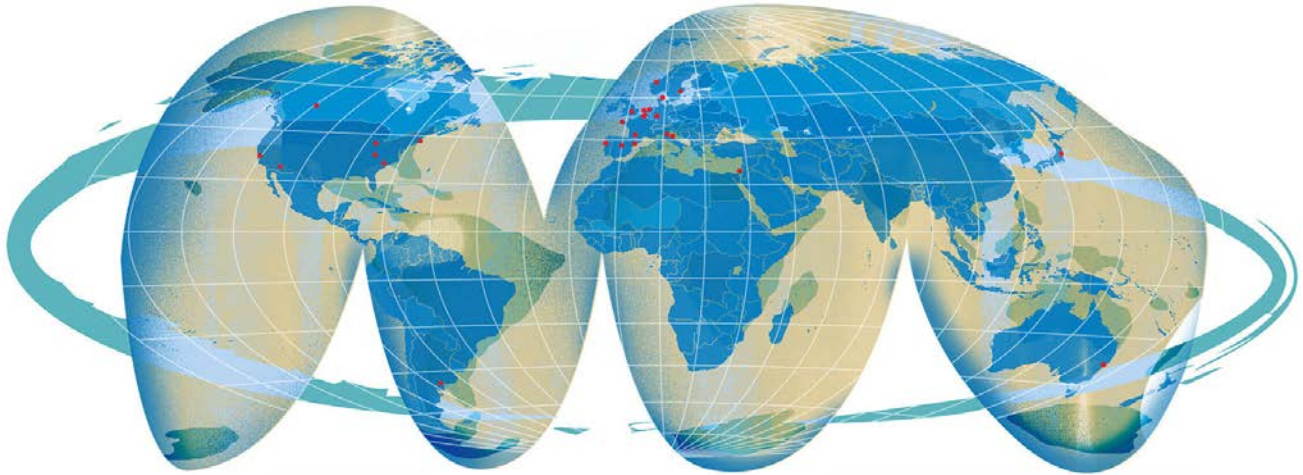
Be sure that everyone that you invite to participate attributes their support to *your* NIDCAP Training Center so that your effort can be acknowledged.

ALL CONTRIBUTIONS WILL HELP US MEET OUR GOALS TO ENHANCE OUR ONLINE LEARNING CENTER!

Please contact [info@nidcap.org](mailto:info@nidcap.org) with questions and ideas.

Sending World NIDCAP Month and Day greetings and heartfelt gratitude to all of you for all the ways that you improve the future for infants and their families all year long.

## NFI Updates & News



### NIDCAP Updates



#### R3: Research, Read & Review

On February 14<sup>th</sup>, the NIDCAP and Science Committee released its 15<sup>th</sup> review of research relevant to the value and practice of NIDCAP. The Committee invites you to *reflect on its content, to think of its impact on your practice, to use it as material for discussion with colleagues and families, or just as a curious piece of information.*

With appreciation to *Dalia Silberstein, PhD, RN* from the Israel NIDCAP Training Center for her review of this article: Blesa, M., Sullivan, G., Anblagan, D. et al. (2019). Early breast milk exposure modifies brain connectivity in preterm infants. *Neuroimage*, 184, 431–439.  
[doi.org/10.1016/j.neuroimage.2018.09.045](https://doi.org/10.1016/j.neuroimage.2018.09.045).

The review is available to NFI Members online on the R3: Research, Read & Review page.

Feedback of past reviews, and interest in future summary and reviews of articles, are welcome. Please contact the NIDCAP & Science Committee through Dalia Silberstein at [daliasil1960@gmail.com](mailto:daliasil1960@gmail.com).



## Mentoring and Reflection Meeting for NIDCAP Spanish Speaking Professionals

The Mentoring and Reflection Meeting for Spanish-speaking NIDCAP professionals convened for the third time on February 23<sup>rd</sup>. Forty-nine participants shared and reflected on their training programs. They also discussed working from the Synactive Theory perspective and the challenges and opportunities that occur each day in the hospitals they serve.

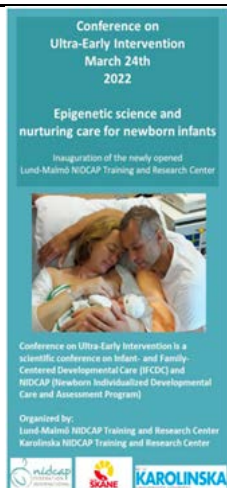


## Developmental Observer

The *Developmental Observer* has a new look! Senior Editor, Kaye Spence and the whole editorial team worked with graphic designer Rob Catalano to design our publication. Of note, we have produced every single issue of the *Developmental Observer* with Rob since its inception in 2007. [This issue \(Vol. 15, No. 1\)](#) was published in February and is also available through the IUScholarWorks site :

<https://scholarworks.iu.edu/journals/index.php/do/issue/current>.

## NIDCAP-Related News



## Conference

The 2022 *Conference on Ultra-Early Intervention* will be a hybrid meeting hosted by the NIDCAP Centers at Karolinska and Lund-Malmö, Thursday, March 24<sup>th</sup>. The meeting is entitled *Epigenetic science and nurturing care for newborn infants*. The conference will have dual focuses. The first half of the program will include “an historic reflection on NIDCAP in Sweden, and visions for NIDCAP for all hospitalized newborn infants and plans for the new NIDCAP Training and Research Center. The Lund-Malmö Center will be formally inaugurated and celebrated” during the conference. The second part of the program will focus on epigenetic science and nurturing care for newborn infants - an interesting field that could be valuable for NIDCAP research.”

Register by March 14<sup>th</sup> at <https://bit.ly/3H1i8Ta>

For questions about the conference: [nidcap.sus@skane.se](mailto:nidcap.sus@skane.se)  
 For questions about the registration: [deltagarhantering@svenskamoten.se](mailto:deltagarhantering@svenskamoten.se)



### Trauma Informed Professional Certificate Program

The NFI-endorsed *Trauma Informed Professional Certificate Program* offers training. For information, please visit [www.caringessentials.net](http://www.caringessentials.net). NFI Members receive a discount of \$500.00 off the standard tuition with the “NFI500” discount code. Email [faculty@caringessentials.net](mailto:faculty@caringessentials.net) with interest.

## NFI Board of Directors



NFI FY 2021-22 Board Members & Executive Council

### NFI Board of Directors

#### Video Conference Call Minutes

The Board met in February highlights from the call will be forthcoming. When available, the full NFI Board of Director Minutes will be posted within our website’s Membership Section.

**February 9, 2022**

#### Highlights

- *NFI Committees, and their respective Sub-Committees, will continue to submit reports at end of each NFI fiscal year, yet are not required to do so at the mid-year point.*
- *The World NIDCAP Day Benefit Gala will be held on March 20<sup>th</sup> at 2000 in all time zones.*
- *D. Buehler shared initial information from NFI Board Consultant Mary Hiland, PhD to support efforts to update the NFI Strategic Plan.*
- *An application for a new Senior Trainer was presented to the Board of Directors. Since the documentation was received just before the meeting and to allow time for review, the Board’s vote to approve will occur electronically at a future date.*

Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Sending Happy World NIDCAP Month/Day/Gala wishes to everyone,

Deborah

Deborah Buehler, PhD  
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