



April 2022



Greetings NFI Community,

*Every child begins the world again.*

Henry David Thoreau

(1817-1962, American naturalist, essayist, poet and philosopher)

This past month has been filled with heaviness and with hope. I have felt overwhelming heartbreak and sadness with what is happening in Ukraine. Yet also, I am in awe of the resilience and determination of the Ukrainian people and their leaders. Many of our NFI members are offering their support in a range of different ways.

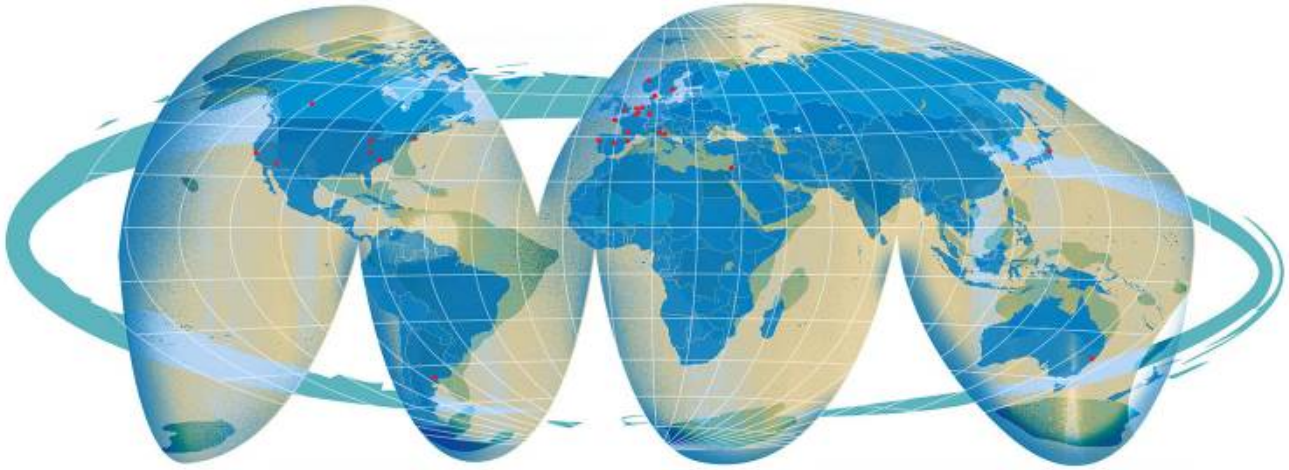
While these events unfolded during the month of March, the NFI held its annual awareness of NIDCAP month. It is inspiring to be part of an international organization that offers beacons of hope for young infants and their families. NIDCAP was honored all around the world, including with hospital family and healthcare professional events, a Swedish hybrid conference and bridges illuminated in the NFI's teal color. Our annual 2022 poster of NIDCAP Care Around the World shows incredible examples of nurturance and support. Our first ever virtual gala, viewed around the world, shared remarkable voices on the importance of NIDCAP care from parents' and professionals' perspectives. These NFI activities showed what NIDCAP care is AND how it can be delivered in highly technological areas of the world as well as under-resourced ones.

What I have heard in every conversation throughout the month of March is how incredible it is that NIDCAP is a global effort. That the trainers and supporters who are part of the NFI bring tremendous humanity and kindness to the many ways they bring NIDCAP to infants and families. Creating a sense of community, we are a part of something that is critical to improving experiences and outcomes. This sense of optimism transcends countries and cultures. It helps our collective and individual sense of purpose. We are all a part of the solution to give voice to vulnerable infants and their families. There are many ways that we do this, we provide NIDCAP care, we train others to provide this care, we spread the word through our interactions (in person and virtually); we donate with our voices, time and resources. Our awareness month may have just ended, though we will continue with creativity and heart to make a difference transforming lives and hospital care every day.

# Images from around the world on World NIDCAP Day 2022



## NFI Updates & News



## NIDCAP Updates



### Trainer Update

From the Australasian NIDCAP Training Centre, *Nadine Griffiths, RN, MEd* was accepted as a Senior NIDCAP Trainer. This amazing accomplishment was recognized at Nadine's hospital, The Children's Hospital at Westmead. Please see their article showcasing her important achievement, [Senior NIDCAP Trainer delivers 'gold standard' care to newborns.](#)

Nadine stated: *We know that NIDCAP's care helps to improve brain structure and function, leads to increased weight gain and shortened hospital stays, but it also contributes to improved behavioural outcomes in infancy and school age. Knowing that we can make this lasting, positive impact is really rewarding.*

Recognition of Nadine's NIDCAP professional next step was celebrated by our members with the outpouring of notes of congratulations. We look forward to the many ways Nadine will help the NFI grow and develop!





## Facebook Milestone

The NFI reached an exciting social media milestone... Our [Facebook](#) page now has 8000 followers! Please check out our page. It is filled with updates from our members as well as information that may be of interest to our community. Please follow and share our content. Please also invite your friends and colleagues to follow us!

## NIDCAP-Related News

Les soins de développement centrés sur l'enfant prématuré et sa famille en néonatalogie



## Developmental Care Report

A scientific report entitled *Developmental care centered on the premature child and his family in neonatology* (2022, J. Detollenaere, N. Benahmed, E. Costa, W. Christiaens, C. Devos, K. Van Den Heede) has been published by the Belgian Federal Health Care Expertise Center (KCE), with collaborations from The Brussels NIDCAP Training Center (and acknowledgements to NIDCAP trainers from Sweden, France, Spain, The Netherlands, and Italy). National recommendations offered are based on research. The report is available in French and English, with a summary also available in Dutch.

## NFI Board of Directors



NFI FY 2021-22 Board Members & Executive Council

## NFI Board of Directors

### Video Conference Call Minutes

Highlights from the March 9<sup>th</sup> call are below. The Mid-Year Board of Directors Meeting was held on March 27 and 28 and the highlights from those meetings will be forthcoming. When available, the full NFI Board of Director Minutes will be posted within our website's Membership Section.

March 9, 2022

*Highlights*

- *The second part of the Mid-Year Board of Directors Meeting to develop the NFI's Strategic Plan revision will be held in two locations in June (Madrid, Spain and Portsmouth, New Hampshire)*
- *The NFI Annual Membership Meeting will be held within the 2022 Annual NIDCAP Trainers Meeting for 90 minutes.*
- *Discussions are underway with Keira Sorrells (Founder of the NICU Parent Network) to establish a formal collaboration with the NFI.*
- *Nadine Griffiths' application for Senior NIDCAP Trainer was unanimously approved.*

Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Sending very best NFI wishes to everyone,

Deborah

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