



May 2022



Dear NFI Community,

“Chasing Light” is an expression used in photography. It refers to capturing the golden hours of sunrises and sunsets and the contrasts found **between** light and shadows. Yet, *chasing light*, considered in another way, may be at the core of what we do with NIDCAP. Individually and collectively, we strive to inspire hopefulness and strength, bring out the best in those we **interact with**; and support one another every day. In these complicated times, seeking and moving toward the light with wisdom, clarity and guidance seems like exactly what is needed.

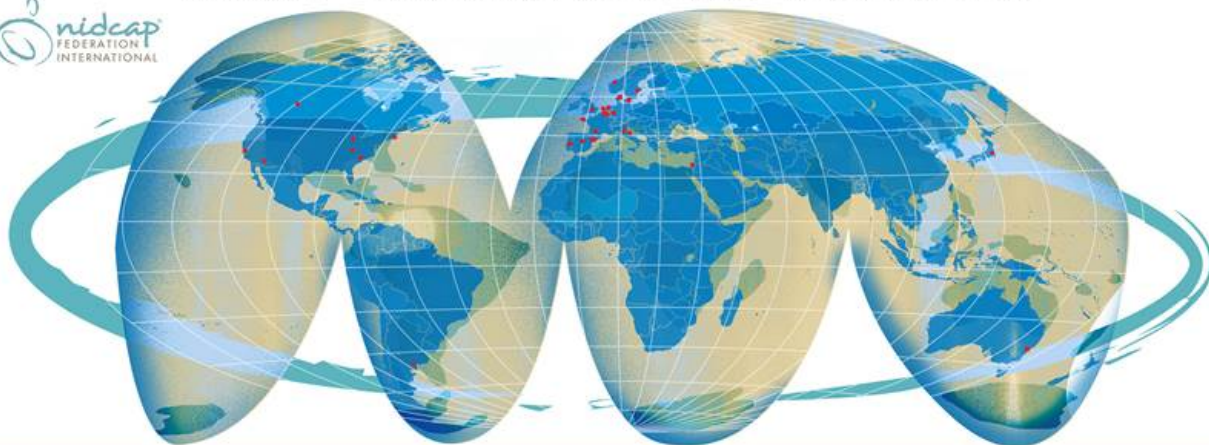


After two years of postponements, we are at last planning to be together for our Annual NIDCAP Trainers Meeting in Germany! An exciting program, entitled *The Impact of NIDCAP on the Infant, Family and Society*, has been waiting to be shared. For those invitees not able to travel in person, the meeting will be offered in a hybrid way for virtual participation. (More information is below.) The meeting recognizes and cherishes connection and relationships, mutual support, education, inspiration, and further development of NIDCAP and the NFI. After two years of having to accomplish these goals virtually, it will be so very special to be together. May this year be one where we *chase and find all kinds of light* together and in the places we live and work.

NFI Updates & News



NIDCAP TRAINING CENTERS WORLDWIDE



NIDCAP Updates



NIDCAP Trainer Update

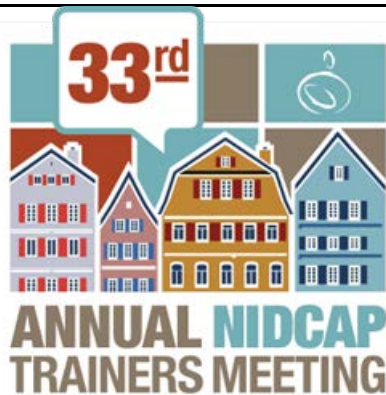
The NFI is delighted to announce that *Kelly Janssens, RN, MSN* is now a certified NIDCAP Trainer. She reached this accomplishment with the NIDCAP Professional certifications of Virginia Anadile, RN and Katya Bekaert, RN. These certifications were guided by the exquisite support of Nikk Conneman, MD, Director of the Sophia NIDCAP & APIB Training Center, NIDCAP Master Trainer and APIB Trainer.

Many, many congratulations Kelly - the future for the care of infants and their families in hospitals looks brighter with your NIDCAP voice and leadership. We look forward to the opening of the Leuven NIDCAP Training Center in May 2022.



NIDCAP Professional Update

Last month, the Lund-Malmö NIDCAP Center officially opened... and now this month its Training Center Director *Elisabeth Olhager, MD* was certified as a NIDCAP Professional! Pernilla Stenman, NIDCAP Trainer in Training guided Dr. Olhager's reliability under the mentorship of Agneta Kleberg, RN, PhD. Dr. Olhager is the head of management for Pediatric Surgery, Pediatric Heart Center and Neonatal Department at Skane University Hospital, Sweden. She has described her many year interest in individualized developmental care and especially NIDCAP. Congratulations Dr. Olhager!



Annual NIDCAP Trainers Meeting

7, 8, 9 October 2022

This year our annual meeting will be held in a hybrid way. It is entitled *The Impact of NIDCAP on the Infant, Family and Society*. Invitees may choose to attend in person at the Seminaris Hotel Bad Bol in Germany or virtually. The timing of the meeting will be organized around the German time zone (CEST). Invitations to follow.

Calls for Abstract and Journal Club Presentations will be sent very soon. Please watch email communications for further details.



Upcoming NFI Webinar

24 May 2022 (12:00PM – 1:00PM EDT)

The NFI is honored to present Keira Sorrells as our next webinar speaker. Keira is the Co-founder and Executive Director of the NICU Parent Network and a maternal-infant health professional. She will speak on *Enhancing parent engagement with NIDCAP: Creating collaborations with parent-led organizations*. Keira's presentation will be followed by a question and answer session. Watch for registration details.



NIDCAP in the News

A National Dutch newspaper wrote an article entitled “Ik, een babyfluisteraar? Nee, dit kan je leren” (Me, a baby whisperer? No, you can learn this). The article describes the powerful NIDCAP and APIB work of [Nikk Conneman, MD](#), NFI Master Trainer at the Rotterdam Erasmus Hospital in The Netherlands. The article includes beautiful photos of a premature infant whom Dr. Conneman supported from birth.



Here is the link to follow the race: <https://cap-martinique.com/troussel-baucher>

NFI Represented in a Sailing Race

Benoît Baucher's son was born prematurely at the University Hospital of Brest, France. He and his wife shared their story during our 2022 World NIDCAP Day Gala. To honor the Brest NIDCAP team, Benoît and his sailing partner are participating in the Cap Martinique Transatlantic Race that set sail on May 1st. Their sailboat is displaying the NFI's logo! Sending his team our very best wishes.

NIDCAP-Related News



International Kangaroo Care Day Awareness Day

15 May 2022

NFI Member, *Yamile Jackson, PhD, PE, PMP*, leads the international awareness day to *Increase awareness, knowledge, and safety to enhance implementation and practice of Kangaroo Care/Skin to Skin contact and have some fun doing it.*

NFI Members are participating in meetings around the world honoring Kangaroo Care Awareness Day:

- On May 15, NFI Vice President, *Dorothy Vittner, PhD, CHPE, MSN, FAAN*, will present during the program *In Touch with Experts: Live on the role of oxytocin and cortisol in modulating premature infants' behavioral, autonomic, and stress responses utilizing individualized developmental care strategies to understand better and support parent engagement*. Information and Registration at www.kangaroo.care
- On May 16, the Faro NIDCAP Team in Portugal will hold the hybrid meeting *entitled Zero Separation and Skin-to-Skin Care*. Presenters include NIDCAP Trainers *Stina Klemming, MD and Elsa Silva*.
- Last month, on April 6, the Canadian Association of Neonatal Nurses held a meeting *entitled Elective Extubation during Skin-to-Skin Contact in Very Preterm Infants*. Presenters included NIDCAP Trainer, *Fátima Camba, MD* and NFI Member *Silke Mader*.

Immediate skin-to-skin contact may have beneficial effects on the cardiorespiratory stabilisation in very preterm infants

Agnes Linnér  Karoline Lode-Koltz, Stina Klemming, Nils Bergman, Siri Lilliesköld, Hanne Markhus Pike, Björn Westrup, Siren Rettedal, Wibke Jonas

First published: 25 April 2022
<https://doi.org/10.1111/apa.16371>

Publications

The article entitled *Immediate skin-to-skin contact may have beneficial effects on the cardiorespiratory stabilisation in very preterm infants* was published in Acta Paediatrica. The paper is authored by Agnes Linnér, Karoline Lode-Koltz, *Stina Klemming*, Nils Bergman, Siri Lilliesköld, Hanne Markhus Pike, *Björn Westrup*, Siren Rettedal, Wibke Jonas. In conclusion: *Immediate skin-to-skin contact for the first six postnatal hours had beneficial effects on the cardiorespiratory stabilisation of very preterm infants.*

To read the full article, please see <https://doi.org/10.1111/apa.16371>

NFI Board of Directors



NFI FY 2021-22 Board Members & Executive Council

NFI Board of Directors Video Conference Call Minutes

Highlights from the Mid-Year Board of Directors Meeting held on March 27 and 28 and the monthly April 13th call are below. When available, the full NFI Board of Director Minutes will be posted within our website's Membership Section.

March 27 and 28, 2022 Highlights

- *M. Hiland consulted with the Board of Directors. She discussed Board structure and function, the reframing of the NFI's Mission Statement, and strategic planning next steps.*
- *The Program, Governance and Advancement Committees gave mid-Year progress updates.*
- *The Finance Committee presented a mid-year review of income and expenditures to date for the FY2021-2022.*
- *Preliminary work was done on revising the NFI's Mission Statement and updating strategic goals.*

April 13, 2022

Highlights

- *Minutes were approved for the February and March Board of Directors Conference Calls.*
- *The meeting schedule was adjusted for June and July.*
- *NIDCAP Trainers Meeting updates were given and discussed.*
- *Further work was done on the update on the NFI Mission Statement, and a review of the Strategic Goals draft given.*
- *Kelly Janssens, RN, MSN was approved as a NIDCAP Trainer.*
- *Discussion was held on how to identify the priority projects for the World NIDCAP Day Benefit Gala revenue.*

Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Sending very best NFI wishes to everyone,

Deborah

Deborah Buehler, PhD
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