

Progress is impossible without change...

George Bernard Shaw

(1856-1950, Playwright, Critic, Polemicist, Political Activist)

Dear NFI Friends,

The new year is underway and the NFI Board, its committees and our members are fast at work - Board/committee reorganization, 2023 World NIDCAP Day plan implementations, the latest *R3: Research, Read & Review* release, a new NIDCAP Trainer certification and so much more! Please read our exciting updates below.



The NFI is EVOLVING!

Why are we changing?

To best position ourselves for the NFI's next chapter. We recognize that past and current NFI Board and Committee Members tend to join NFI efforts because of a keen interest in NIDCAP and wishes to strengthen NIDCAP-related programs. Our members are typically NIDCAP Trainers, Professionals and Supporters with limited experience in nonprofit governance and administration.

The advice we received.

In line with best practices in non-profit organizations, our Board Consultant (Mary Hiland, PhD) encouraged us to consider separating governance from the activities of the organization. She suggested that we could create a governing board of individuals with specific skills to, for example, set and monitor the strategic direction, oversee finances, raise funds, build community, establish standards, values and oversight. The implementation of the NFI's activities would be by members serving on committees.

What we are learning.

We are examining other non-profit organizations that are like ours for inspiration of best practices. These other non-profit organizations tend to include a common structure of three areas: governance, program, and administration.

What we are planning.

To be maximally successful, we are exploring ways to change our structure in ways that build on our capacities for running and growing the NFI.

How you can help.

The Governance Committee is forming a task force to support these next steps. You are welcome to join. You are also welcome to share your ideas with Governance Committee (nfigovernance@nidcap.org). With gratitude to Jean Powlesland and Dalia Silberstein for leading this effort.

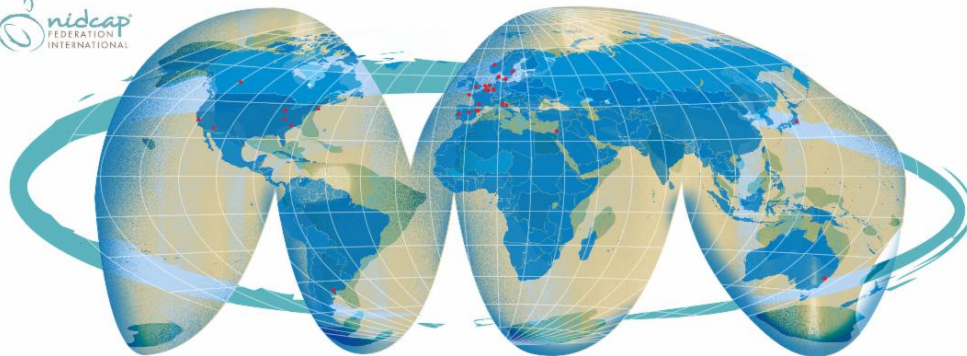
Watch for...

Over the next year, the Board will identify and articulate an organizational model that will best serve the NFI for years to come. Please stay tuned for updates as they unfold.

NFI Updates & News



NIDCAP TRAINING CENTERS WORLDWIDE





NEW NIDCAP TRAINER

Teresa Garzuly, RN is the NFI's newest NIDCAP Trainer! She is a member of the Amadea NIDCAP Training Center Salzburg, Austria and was mentored and guided by [Nikk Conneman, MD](#) (NIDCAP Master & APIB Trainer from the Rotterdam NIDCAP & APIB Training Center, Netherlands).

Please join us in congratulating Teresa, the Amadea NIDCAP Training Center team and Nikk for this most wonderful achievement to further improve the future for infants and their families in hospital settings.



WORLD NIDCAP Day and Month

March 20, 2023

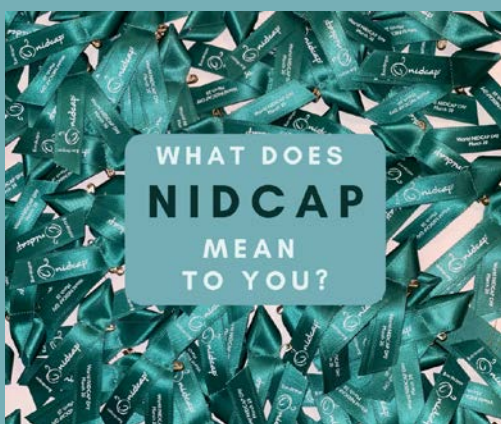
Our fifth celebration is nearly here! In honor of this day (and month!), the NFI invites you to honor newborns and infants who have been hospitalized, their families, and the nursery staff and hospitals around the world who care for them.

Light a local landmark or a bridge... hold family and professional caregiver events... how will you honor NIDCAP in March? Please visit [our](#)

[website](#) for information, resources and ideas for how to participate in this international celebration.

New this year...

From our NIDCAP Training Centers, we are gathering short videos to share the many ways that we bring NIDCAP education, mentorship and care to hospitals around the world.



Invitation to ALL NFI Members

Please create and send us a VERY short video of

WHAT NIDCAP MEANS TO YOU

Please label your video with your location. Please use our attached Release Form.

Please send your videos to our [DropBox Folder](#).

We will share your message during March. Everyone's voices from around the world help to tell our story!

Questions?

Please contact Fatima Clemente for video support (clemente.fatima@gmail.com).



Request for NIDCAP Care Photograph

PHOTOS DUE NOW

NFI members from around the world are invited to send a photograph of NIDCAP care for inclusion in our 2023 **World NIDCAP Day** poster.

You must have permission for the photograph(s) to be shared on our website, social media, newsletter and related NFI educational sites. Please use the attached photo release to obtain permission. As always, we are so very appreciative for families to share their images and experiences and we must ensure their privacy. Please send the photos to ONLY our NIDCAP email address: shareyourstory@nidcap.org.

If you wish to have NIDCAP care from your hospital represented... there is still time! Please send your photograph in NOW!



R3: Research, Read & Review

In January, the NIDCAP and Science Committee released the latest edition of research relevant to the value and practice of NIDCAP.

With appreciation to [Sandra O'Connor, PhDc, D.O\(Q\)](#) from Canada, for her review of Aita M, De Clifford Faugere G, Lavallee A, Feeley N, Stremmer R, Rioux E, & Proulx M. H. (2021).

Effectiveness of interventions on early neurodevelopment of preterm infants: a systematic review and meta-analysis. *BMC Pediatrics*, 21(1), 210. <https://doi.org/10.1186/s12887-021-02559-6>.

The Committee invites you to *reflect on its content, to think of its impact on your practice, to use it as material for discussion with colleagues and families, or just as a curious piece of information.*

Feedback of past reviews, and interest in future summary and reviews of articles, are welcome. Please contact the NIDCAP & Science Committee through [Dalia Silberstein](mailto:DaliaSilberstein@gmail.com) at daliasil1960@gmail.com.

NIDCAP-Related Conferences

Swedish Conference on Ultra-Early Intervention
March 23rd
2023

"Always Together"
Caring for newborn babies together with their parents in skin-to-skin contact and Mother-Newborn Couplet Care from the time of birth.

The Swedish Conference on Ultra-Early Intervention is a scientific conference on Infant and Family Centered Environmental Care (IFEC) and The Newborn Individualized Developmental Care and Assessment Program (NIDCAP).

Organized by:
Karolinska NIDCAP Training and Research Center
Lund Malmö NIDCAP Training and Research Center

Registration Information
Last day of registration for on-site March 17
Last day of registration for online March 31
Registration at: www.konferens.se

Location
The conference is held at the Karolinska University Hospital, Stockholm, Sweden.

Conference Fee
Daily participation fee: lunch, coffee, and conference dinner included and not.

Online
Higher live participation fee applies to the online event.

Coordinating Education Director
Responsible for medical and nursing professionals will participate.

Abstracts and Presentations
Registration on our page about <https://www.konferens.se>

Speakers
Dove Bergsten, MD, PhD, Professor of Neonatology, Karolinska University Hospital, Stockholm, Sweden
Stina Klemming, MD, PhD, Associate Professor of Neonatology, Karolinska University Hospital, Stockholm, Sweden
Elisabeth Olhager, MD, PhD, Professor of Neonatology, Karolinska University Hospital, Stockholm, Sweden
Björn Westrup, MD, PhD, Professor of Neonatology, Karolinska University Hospital, Stockholm, Sweden

Logos: Proacta, YYGON, KANMED, TIMK, Chiesi, Dräger, FilmCare, EFCNI, and others.

Swedish Conference on Ultra-Early Intervention (Sweden) March 23, 2023

Registration is open for the NFI-endorsed conference *Always Together* - Caring for newborn babies together with their parents in skin-to-skin contact and Mother-Newborn Couplet Care from the time of birth. NFI Members speaking and moderating: [Stina Klemming, MD](#), [Silke Mader, Elisabeth Olhager, MD](#), and [Björn Westrup MD, PhD](#).

[Swedish Conference](#)



36th Annual Gravens Conference (USA)

March 8-11, 2023

Registration is open for the NFI-endorsed conference *The Environment of Care for High Risk Newborns and their Families* (in person and virtual). The legacy of Heidelise Als, PhD will be highlighted and the meeting will include a significant emphasis on NIDCAP. Presentations from NFI Members will include: [Björn Westrup, MD, PhD](#) (the keynote speaker), [Dorothy Vittner, PhD, RN, FAAN](#), [Juzer Tyebkhan, MBBS, MRCP \(UK\), FRCP\(C\)](#) [Stina Klemming, MD](#) and [Joy Browne, PhD, PCNS-BC, IMH\(IV\)](#) Clinical Mentor.

Additionally, the development and ongoing (Gravens-supported) IFCDC Standards Consensus Panel has strong representation by [Jean Powlesland, RN, MS](#) as the NIDCAP representative and several NIDCAP International Consultants.

[36th Annual Gravens Conference](#)

NFI Endorsements

Please share conferences, meetings, and materials for NFI endorsement. Endorsements will be shared with our members and announcements posted on nidcap.org and on our social media channels. Requests may be sent to shareyourstory@nidcap.org.

NFI Board of Directors



NFI Board Member Activities

Over the past several weeks, NFI Board Member, [Mandy Daly, ACII, DLDU](#) has

- Traveled to Kolkata and Delhi in India to explore the possibility of setting up a parent organization.
- Presented at the annual National Perinatal Epidemiology Centre Study Day in Dublin, Ireland on *Prematurity is For Life: Not Just The Neonatal Unit*; "the lifelong impact of preterm birth and the need for a comprehensive interdisciplinary lifelong health management program for our tiniest citizens."

- Launched of the In4Kids Paediatric Clinical Trials Network in UCC Cork.

Mandy is an extraordinary NFI ambassador as a voice and inspiration for families and their infants and the healthcare professionals who care for them.

NFI Board of Directors Meeting Minutes January 2023

The Board of Directors held their monthly Zoom meeting on January 11, 2023. The highlights of this meeting are below. The full NFI Board of Director Minutes will be posted within our website's Membership Section when available.

Highlights

- *The potential location for the Mid-Year Board of Directors Meeting was discussed and feedback requested from the Board.*
- *A potential Board of Directors appointee was identified to be a possible future Finance Committee Chair and Treasurer.*
- *The Edmonton NIDCAP Training Centre graciously offered administrative time to support the 2023 NIDCAP Trainers Meeting.*
- *Teresa Garzuly, RN of the Amadea NIDCAP Training Center was approved as a NIDCAP Trainer.*
- *A Digital Content Creator job description was presented and discussed.*



Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Warm NIDCAP wishes,

Deborah

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Deborah Buehler, PhD

NIDCAP Federation International,
President, Member of the Board
Email: nfipresident@nidcap.org

[Visit our website](#)

Mentoring Caregivers. **Changing** Hospitals.
Improving the Futures for Newborns and Their Families.

Contact Us & Stay Informed



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