



NFI Membership Updates and News from the President

July 2022

Nothing is, unless our thinking makes it so.
William Shakespeare

Dear NFI Community,

Every year, our organization, and its committees, reflect on what we've accomplished. And then every few years, it becomes important to review and imagine where we want to focus our efforts and move toward. We do this with our Strategic Plan. The last time the NFI Board of Directors met to do this thinking was five years ago. Imagine all that has happened in the world since that time and... all that we have done to bring NIDCAP to more countries, hospitals and families. For two days at the end of June, the Board met. The Board's time together was especially meaningful because most of the Directors were together in Madrid, Spain or in Portsmouth, New Hampshire. The groups used video conferencing to meet together. After years of pandemic restrictions on travel and in-person gatherings... this was a treat!

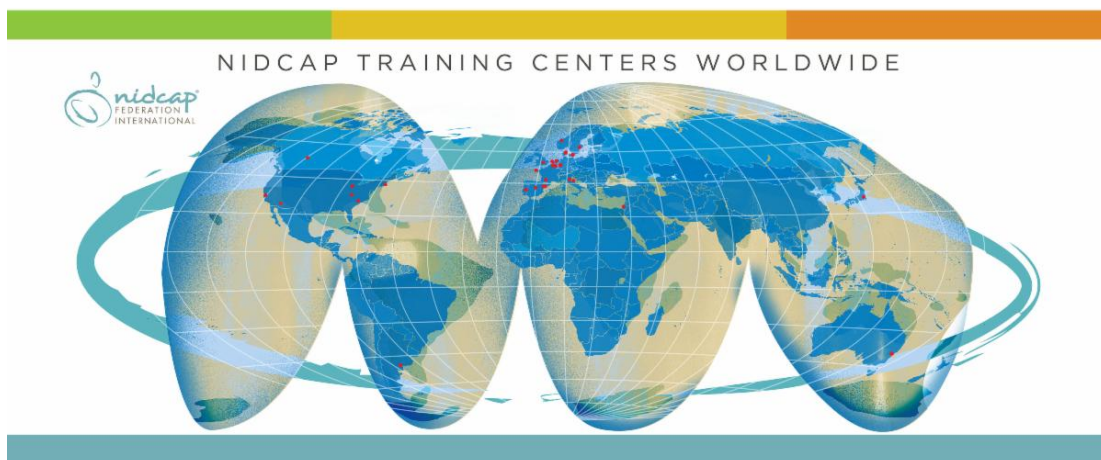
The Board enlisted Mary Hiland, PhD to guide our discussions. Mary is an incredible resource on *Board and Organizational Development* and consulted with the Board beginning in the early 2000s. Over the spring, Mary invited the Board to examine our NFI Mission Statement and consider revising the mission to be compelling, clear, simple and direct. The statement should include who the NFI serves and what the NFI does. The Mission Statement informs the general public of why they should care about us and helps guide what we do. After many rich discussions, here is the revised statement that we agreed to:

Our Mission

The NIDCAP Federation International (NFI) improves the future for all infants in hospitals and their families with individualized, developmental, family-centered, research-based NIDCAP care.

Over the coming months, the Board will share more of what we worked on and planned for the NFI's next three years. The Board strived to balance setting a few key areas for growth with our capacity to achieve these goals. Your help will be instrumental in our success. There will be many places where we will invite your participation, from serving on the Board (which currently is open for nominations; see information below) to committee membership to individual projects. If you see a place that you would like to help advance the NFI, please contact me or another Board/Committee member. Here's to the NFI's continued growth as we move ever closer to a world in which ALL infants and their families receive NIDCAP care.

NFI Updates & News





Annual NIDCAP Trainers Meeting 7, 8, 9 October 2022

This year's annual meeting, entitled *The Impact of NIDCAP on the Infant, Family and Society*, will be held in person in Germany and also via Zoom for virtual participants. The timing of the meeting is organized around the German time zone (CEST). Invitations with registration and hotel reservation details were sent in June. There are reduced rates for NFI Members and there are guest rates for those who travel to Germany.

For more information and to register please visit the 33rd NIDCAP Trainers Meeting website page. This is a password protected page accessible only to NIDCAP Trainers Meeting Invitees.

33rd NIDCAP Trainers Meeting
Page



NIDCAP One Day Symposium

Friday, 7 October 2022

This one-day conference, hosted by NIDCAP Germany, Training Center Tübingen, on behalf of the NIDCAP Federation International, is held in conjunction with the 33rd Annual NIDCAP Trainers Meeting. The Symposium will feature presentations about the plasticity of the preterm brain, the NICU experience of parents, and how healthcare professionals can influence the political agenda to improve newborn care.

Click button below for program and registration details.

[NIDCAP Symposium Page](#)



Annual NIDCAP Trainers Meeting: Abstracts and Papers

Submission Deadlines

Abstracts (August 1, 2022)

Journal Club (July 15, 2022)

Please find the attached guidelines and submission requirements for consideration for Abstracts and Papers. Presentations may be either in person or virtual.

Abstract sessions will be held on Saturday and Sunday (October 8 & 9).

The Journal Club Session will be on Saturday, October 9.



Annual NFI Membership Meeting Sunday, 9 October 2022

The Annual NFI Membership Meeting will be held on 9 October 2022. All NFI Members in good standing are encouraged to attend. The meeting will be held in-person and simultaneously online. More information will be provided closer to the meeting date.



June 20, 2022

**NIDCAP Federation International (NFI)
Board of Directors Elections
Annual Call for Nominations**

NFI Board of Directors Election Call for Nominations

If you are interested in serving on the NFI Board of Directors, or nominating someone, please contact: nfigovernance@nidcap.org

Submission deadline:
August 1, 2022 at 11:59 PM EDT



Developmental Observer

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The key is zero separation.

— Björn Westrup, MD

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Profile

Björn Westrup, MD, PhD

000914434/doi.v15i2.34380

Interviewed by Pierre Kuhn, MD, PhD



Björn Westrup is a visionary and an influencer who, together with Agneta Kleberg and the Karolinska NIDCAP Team, has spread the philosophy of developmental care throughout Sweden and Scandinavia over the past 25 years. From my point of view, Björn has played an extraordinary role in the development of Infant and Family Centred Developmental Care (IFCDC) and NIDCAP across Europe and Worldwide. When I met him for the first time in 2009, I was very impressed by his strength of conviction and persuasion, the finesse of his understanding of NIDCAP and his involvement in research in IFCDC. I had the chance to be warmly welcomed for more than one year in Stockholm where I had the opportunity to "breathe" and "smell"

NIDCAP and Mother Infant Couplet Care from the inside, especially at Danderyd, KJ Hospital where Björn was the Head of Department for many years. I realized how resilient and skilled he was to carry system change and to succeed in the implementation of NIDCAP and parental involvement as primary caregivers. This experience contributed a lot to change my perception and vision of what perinatal care can be. Björn is a sensitive and endearing person, also very experienced in facilitating working groups. I learned a lot from his sense of consensus and balance while working with him as co-chair of the EFCNI Topic Expert Group on IFCDC. It has been a great privilege for me to collaborate with him in a very friendly and supportive atmosphere. Björn is also a great epicurean who knows at best how to enjoy great moments of friendship! We have many things to learn from your past and continuing journey, Björn. Thank you very much for sharing your story with us.

(continued on p. 2)

Developmental Observer

Volume 15 Number 2

The latest issue of the Developmental Observer was published in June and is available on our website. The issue contains a rich diversity of articles, including: A Profile on Björn Westrup, MD, PhD; A Family's Letter; World NIDCAP Day; Predictability of Neonatal Sucking for Later Developmental Outcomes; Supporting Oral Feeding in Fragile Infants; An article review from the Science Desk; Caffeine Use; French Center, Brest; and Global Perspective on Developmental Care in Rwanda.

The *Developmental Observer* is archived at IUScholarWorks (IUSW). IUSW is an open access repository provided by the Indiana University Libraries.

Submission guidelines are available at **IUScholarWorks**, should you wish to submit an article or a letter to the editor in the future.

Read the Developmental Observer

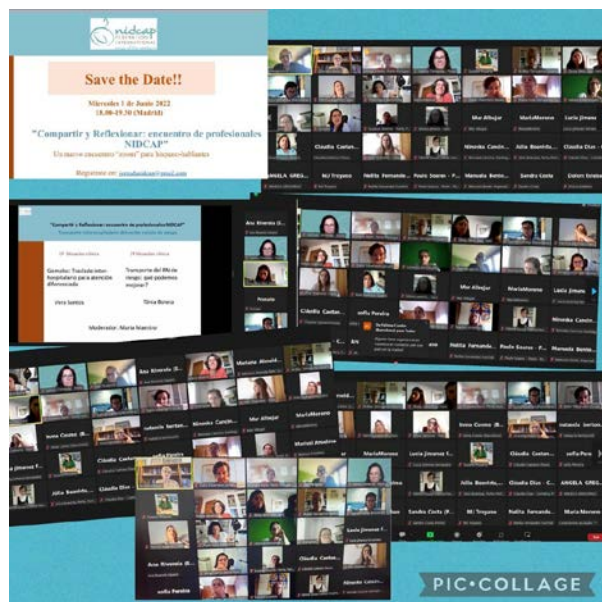


R3: Research, Read & Review

In June, the NIDCAP and Science Committee released its latest edition of research relevant to the value and practice of NIDCAP. The Committee invites you to *reflect on its content, to think of its impact on your practice, to use it as material for discussion with colleagues and families, or just as a curious piece of information.*

With appreciation to *Nolan Dyck, BSc, Medical Student*, from the Edmonton NIDCAP Training Center, Canada, for his review of Klunk CJ, Barrett RE, Peterec SM, et al. An Initiative to Decrease Laboratory Testing in a NICU. *Pediatrics*. 2021;148(1):e2020000570

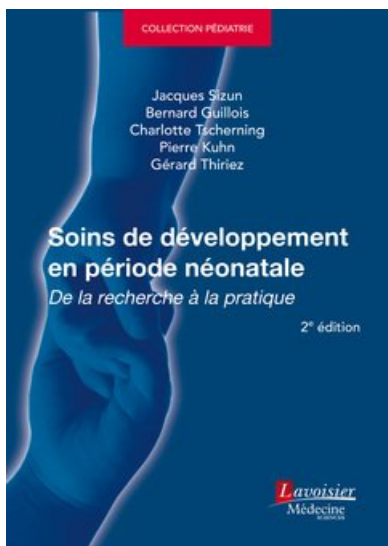
Feedback of past reviews, and interest in future summary and reviews of articles, are welcome. Please contact the NIDCAP & Science Committee through Dalia Silberstein at daliasil1960@gmail.com.



Mentorship and Reflection Compartir y Reflexionar: encuentro de profesionales NIDCAP

The fourth Spanish and Portuguese speakers meeting was held in June with NIDCAP Professionals and trainees. The themes of the session included mentoring and reflection and sharing experiences caring for infants and their families. A clinical case was presented by the team from Faro, Portugal. There were 40 participants representing Spain, Portugal, Italy, Argentina, Israel and Chile.

Related Membership News



Publications from our Members

- Jacques Sizun, Bernard Guillois, Charlotte Tscherning, Pierre Kuhn, Gérard Thirez. Soins de développement en période néonatale: De la recherche à la pratique (Developmental care in the neonatal period: From research to practice) 2nd édition. Lavoisier Medicine. 2022.
- Agnes Linnér, Karoline Lode Kolz, Stina Klemming, Nils Bergman, Siri Lilliesköld, Hanne Markhus Pike, Björn Westrup, Siren Rettedal, Wibke Jonas. Immediate skin-to-skin contact may have beneficial effects on the cardiorespiratory stabilisation in very preterm infants. *Acta Paediatr.* 2022. doi: 10.1111/apa.16371

Immediate skin-to-skin contact may have beneficial effects on the cardiorespiratory stabilisation in very preterm infants

Agnes Linnér et al. *Acta Paediatr.* 2022.

Hide details



> *Acta Paediatr.* 2022 Apr 25.
doi: 10.1111/apa.16371. Online ahead of print.

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Scholarship Opportunity for Australian Neonatal Nurses

The Kaye Spence AM Scholarship supports neonatal nurses to attend conferences, lead small research or quality improvement projects, or attend a neonatal care-related course.

Application Deadline

July 15, 2022

Click here for details:
[Kaye Spence Scholarship Info](#)

NFI Partner News



Opportunity for NICU Parent Network (NPN) Members NPN Live! 3.0 Scholarships August 4 - 6, 2022

NPN Live! is a gathering of NICU Parent Leaders who support NICU and bereaved families in innovative ways through awareness, advocacy, writing, peer-to-peer support, and education.

Ten scholarships are available for free registration for NPN Members (including NICU Parent Insiders, Support Organization staff, volunteers, & board members) to join NPN Live!3.0.

Click here to apply:
[NPN Live! 3.0 Scholarships](#)

To apply: Buy Tickets> Register> Select- NPN Member Ticket> Enter the promo code (case sensitive)- SCHOLARSHIP> Click- Apply>Continue

NFI Board of Directors



NFI Board of Directors Meeting Minutes

The Board of Directors met for two days on June 29th and 30th. When available, the highlights will be shared and the full NFI Board of Director Minutes will be posted within our website's Membership Section.



Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Sending very best NFI wishes to everyone,

Deborah

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Deborah Buehler, PhD
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Member of the Board
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[Visit our website](#)

Mentoring Caregivers. **Changing** Hospitals.
Improving the Futures for Newborns and Their Families.

Contact Us & Stay Informed



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