

# Swedish Conference on Ultra-Early Intervention March 21st 2024

“I see you”  
Strategies for well-being  
with less stress and pain in  
hospitalized newborn infants



The Swedish Conference on Ultra-Early Intervention is a scientific meeting on Infant- and Family-Centered Developmental Care, IFCDC and The Newborn Individualized Developmental Care and Assessment Program, NIDCAP

Organized by:  
Lund-Malmö NIDCAP Training and Research Center  
Karolinska NIDCAP Training and Research Center



## Registration Information

Last day of registration for on site: March 3<sup>rd</sup>

Last day of registration for online: March 17<sup>th</sup>

Registration at:

<https://www.trippus.net/ueic2024>

Contact:

Regarding the conference: nidcap.sus@skane.se

Regarding registrations: deltagarhantering@svenskamoten.se

Conference Fee

On site participation incl. on-demand recording, lunch, coffee, and conference dinner: 3000SEK excl. VAT

Online, digital live participation, incl. on-demand recording: 1500SEK excl. VAT

Abstracts and Posters:

Application as one-page abstract to fredrik.lundberg@skane.se before February 11



## Venue

Lund University Hospital, The large auditorium: Entrégatan in Lund Hospital area, through the main entrance. Hybrid solution with online participation. Link for online participation will be sent out by email 1-2 days before. On-demand recording included in registration fee.

## Language

English

## Accommodation

There are several hotels at walking distance to the conference venue and the Lund University Hospital. We recommend The Grand Hotel, The Concordia or the Elite Ideon.

## Covid19

We follow recommendations for infection control from the Public Health Agency of Sweden, Folkhälsomyndigheten.

## Speakers and moderators

**Anand Sunny Kanwaljeet J.**, MD, Professor of Pediatrics, Anesthesiology, Perioperative & Pain Medicine, 2009 Nils Roßen von Rosenstein Laureate Swedish Academy of Medicine. Director, Stanford Child Wellness Lab. Dpt of Pediatrics Stanford University School of Medicine, USA

**Conneman Nikk**, MD, Master NIDCAP trainer, APIB trainer, Dpt of Neonatology the Sophia Children's Hospital, Erasmus MC, Rotterdam, The Netherlands

**Eriksson Mats**, RN, NIDCAP professional, Professor of Nursing Science/ Pediatric Nursing, Örebro University, School of Health Sciences, Sweden

**Flisberg Anders**, MD, PhD, Dpt of Neonatology The Queen Silvia Children's Hospital, Sahlgrenska University Hospital Gothenburg, Sweden

**Gebka Margareta**, RN, Dpt of Neonatology Skåne University Hospital, Lund University, Sweden

**Gränse Lotta**, MD, PhD, Dpt of Ophthalmology Skåne University Hospital. Clinical Sciences Lund University, Sweden

**Klemming Stina**, MD, NIDCAP Trainer, Co-Director Lund-Malmö NIDCAP Center, Dpt of Neonatology Skåne University Hospital, Sweden

**Kringelbach Morten**, Professor of neuroscience Aarhus University Denmark and Oxford University UK, Director the Center for Eudaimonia and Human Flourishing, Oxford, UK

**Leroy Piet** MD, Professor of Procedural Sedation and Analgesia in Children, pediatric critical care specialist, Director the Pediatric Procedural Sedation Unit Maastricht University Hospital, The Netherlands

**Ley David**, MD, Professor of Neonatology, Dpt of Pediatric Clinical Sciences, Lund University, Sweden

**Linnér Agnes**, MD, PhD, Director Karolinska NIDCAP Center, Head of Neonatology Karolinska University Hospital Huddinge. CInTech, Karolinska Institutet, Stockholm, Sweden

**Lundberg Fredrik**, MD, PhD, NIDCAP professional, Dpt of Neonatology Skåne University Hospital, Sweden

**Mörelius Evalotte** RN, MSc, Professor of Pediatric Nursing, Linköping University Hospital, Sweden.

**Norman Elisabeth**, MD, PhD, Dpt of Neonatology Skåne University Hospital, Lund University, Sweden

**Olhager Elisabeth**, MD, Associate Professor of Neonatology, NIDCAP professional, Director Lund-Malmö NIDCAP Center, Head of Pediatric Surgery/Pediatric Heart Center/Neonatology, Skåne University Hospital, Sweden

**Olsson Emma** RN, PhD, Dpt of Neonatology Örebro University Hospital, School of Health Sciences Örebro University, Sweden

**Sveinsdottir Kristbjörg**, MD, PhD, Head of Neonatology Skåne University Hospital, Sweden

**Westas Hellström Lena**, MD, Senior Professor of Perinatal Medicine, Uppsala University, Sweden



“I see you”

*Strategies for well-being with less stress and pain in hospitalized newborn infants*

08:00	Registration with a cup of coffee	13:25	Short presentations 7min/ prerecorded abstract presentation +3minutes live Q&A
08:30	Welcome: <b>Stina Klemming, Agnes Linnér, Elisabeth Olhager</b> Moderator: David Ley	14:10	Coffee in the exhibit hall
08:45	<b>What makes a baby happy? Hedonia and eudamonia in early life</b> <b>Morten Kringelbach</b>	14:50	Welcome back Moderator: Lena Westas
09:20	<b>Preventing pain and promoting wellness in newborn babies</b> <b>Sunny Anand</b>	14:55	<b>When the baby tells us about well-being; from a Synactive model perspective</b> <b>Nikk Conneman</b>
09:55	<b>From procedural distress to procedural comfort: a matter of rearranging priorities</b> <b>Piet Leroy</b>	15:30	<b>Tools for evaluation of stress, pain and well-being in infants</b> <b>Emma Olsson</b>
10:25	Reflections Moderator: David Ley	16:05	<b>Developmental aspects on stress and enablers for well-being</b> <b>Evalotte Mörelius</b>
10:30	Coffee in the exhibit hall	16:35	Reflections Moderator: Lena Westas
11:10	Welcome back Moderator: Elisabeth Olhager	16:40	“Procedural comfort in clinical practice” Moderator: Kristbjörg Sveinsdottir
11:15	<b>The latest evidence on strategies for mitigation of pain in the newborn</b> <b>Elisabeth Norman</b>	16:45	<b>Strategies for procedural comfort during ROP-screening examinations</b> <b>Lotta Gränse, Margareta Gebka</b>
11:45	<b>Parents as partners in pain management</b> <b>Mats Eriksson</b>	17:20	<b>Strategies for procedural comfort during surfactant delivery</b> <b>Anders Flisberg</b>
12:15	Reflections Moderator: Elisabeth Olhager	17:50	Reflections Moderator: Kristbjörg Sveinsdottir
12:20	Lunch in the exhibit hall	17:55-18:00	Save the date 2025 Stina Klemming and Agnes Linnér
13:20	Welcome back Moderator: Fredrik Lundberg	18:30	Dinner at AF-Borgen Lilla Salen

