

Dear NFI Community,

**How NIDCAP started:** ... *his fingers would splay and he would start to scrunch and his color would change and his heart rate would go up. I saw these babies flailing about and fighting lying on the back. And the bright overhead lights seemed much too much for them. And the alarm would go off. It looked pretty awful. So it seemed we were wasting a lot of the baby's energies that were very precious and limited, by going, if you will, against the baby... I thought these babies are telling us something that we're not taking advantage of.*

(From Heidelise Als, PhD. Helping Children Learn to Manage Their Own Stress: The Skill of Taking On Challenges. (c) 2011 Families and Work Institute and New Screen Concepts)

### How NIDCAP is going:



(From *Developmental Observer*, 2024, 17(1), p 6.)

Through NIDCAP moment to moment experiences of relaxation and contentedness, we learn what infants are telling us. And we can take advantage of their "precious and limited energies" to support their developmental strivings. This is how ever greater experiences of stability, health, and wellness are realized for premature and vulnerable infants and for their families.

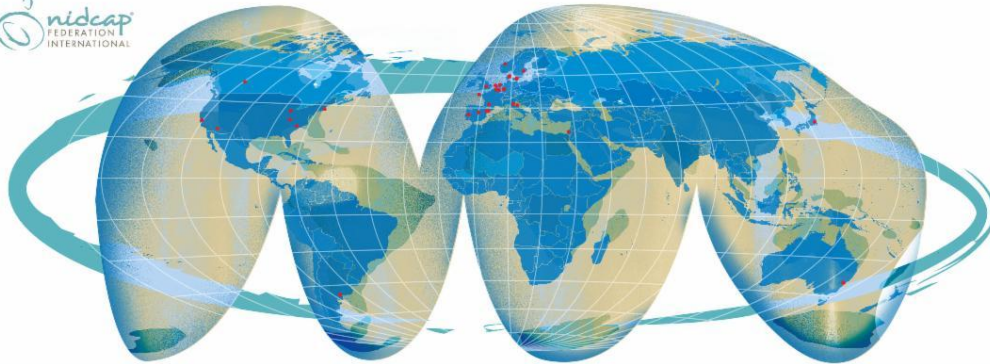
Being advocates, mentors, trainers, and providers of NIDCAP care may be

challenging and take courage to do. Yet, it is also rewarding and critically important. Stand by a baby's bedside. Listen to a parent. Speak with a healthcare professional. Connect with our NFI community. You will be strengthened in your resolve to bring NIDCAP to ever more infants, families, and hospital systems. And when we meet together, we will collectively strengthen our resolve and our actions for global NIDCAP care.

## NFI Updates & News



NIDCAP TRAINING CENTERS WORLDWIDE



## Conference

**Register Now**  
**One-Day Hybrid Conference**  
**7 November 2024**

**OPEN ONE-DAY CONFERENCE**  
Thursday, November 7, 08:00-18:30 CET  
Centre de Congrès Pierre Baudis  
Toulouse, France  
Hybrid Meeting

**SPEAKERS**  
Deborah Buehler, PhD  
Adrien Teyssard  
Naik Banshel, MD  
Catherine Orsoni, RN  
Monique Flamman, MSc  
Aurélien Guillou, RN  
Peggy Lambert, RN  
Kathy Johnson, RN, RM, LC  
Pierre Huhir, MD  
Charlotte Bismard  
Delina Paul, OTR  
Charlotte Teuchering, MD  
Dorothy Vittner, PhD, RN, FAAN

This conference is being held on the last day of the 39<sup>th</sup> Annual NIDCAP Trainers Meeting and the first day of the 22<sup>nd</sup> Journées Francophones NIDCAP. The purpose of the meeting is to equip the teams with the knowledge to provide high-level and evidence-based, developmentally supportive care to hospitalized infants and their families.

Visit our conference page for details:  
[nidcap.org/7nov2024](https://nidcap.org/7nov2024)

**SAVE the DATE**

Thursday  
November 7  
2024

12h00  
Journées  
Francophones  
NIDCAP

39<sup>th</sup> Annual NIDCAP Trainers Meeting  
Toulouse, France  
11-12 November 2024

**Open One-Day Conference**  
NIDCAP: Systems Integration at  
Local, Regional and National Levels

This conference is open to anyone interested in learning about NIDCAP Care. This is an opportunity to network with NIDCAP Trainers, Professionals and Supporters of NIDCAP Care from around the world who will convene to discuss issues around optimizing preterm and term infant care through the NIDCAP approach. Our focus this year will be on systems integration of NIDCAP within hospitals as well as at the regional and national levels.

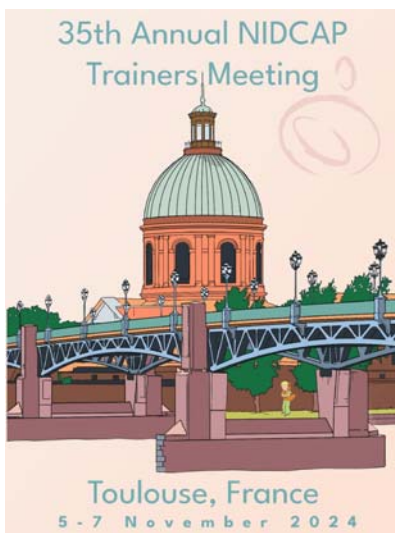
Physicians, scientists, nurses, and family organization leaders from around the world have been invited to speak. Continuing education credits will be available for RNs.

Click the button below to access our conference page to view the program and other details.

We look forward to seeing you!

[Conference & Registration Details](#)

**Please share this announcement with colleagues and friends.  
Thank you.**



**Register Now**

## **35th Annual NIDCAP Trainers Meeting**

*NIDCAP: Systems Integration at the Local,  
Regional and National Levels*

**5 - 7 November 2024  
Toulouse, France**

Open One-Day Conference  
November 7 (8:00-18:30 CET)

See meeting invitation  
for details.

*(Invitations were sent June 17)*

## **NFI Happenings**

### **Membership Forum**

**Two meeting times** for opportunities to join from around the world.

In September, the NFI will hold two one hour virtual meetings with NFI Members and Directors of the Board. There will an opportunity for discussion and questions - including ones about serving on our NFI Board and committees.



Please click on buttons below for zoom links.

-----  
**11 September AEST 10 am/ JST 9 am  
(10 September EDT 8 pm)**

11 September AEST

-----  
**11 September EDT  
1 pm/ CEST 7 pm/ IDT 8 pm**

11 September EDT

-----  
**Please join us!**



## **Call for Board of Director Nominations**

Each year, the NFI opens nominations for Board of Director candidates. This year, there are two open seats (one incumbent re-running and one stepping down) and a Family-designated seat (incumbent re-running).

Please see the announcement sent by the Governance Committee.

**Please consider becoming a candidate to serve on the Board!**

## **NIDCAP Resources**



### **R3: Research, Read & Review** August 2024

In August, the NIDCAP and Science Committee released the latest edition of research relevant to the value and practice of NIDCAP.

With appreciation to **Nolan Dyck, MD**, from the Edmonton NIDCAP Training

Center in Canada for his review.

The Committee invites you to *reflect on its content, to think of its impact on your practice, to use it as material for discussion with colleagues and families, or just as a curious piece of information.*

Feedback of past reviews, and interest in future summary and reviews of articles, are welcome. Please contact the NIDCAP & Science Committee through **Dalia Silberstein** ([daliasil1960@gmail.com](mailto:daliasil1960@gmail.com))

And with gratitude to the NIDCAP & Science Subcommittee (*Jeff Alberts, Nolan Dyck, Beverly Hicks, Joan Neergard, Maria Maestro, Sandra O' Connor, Dalia Silberstein, Neerja Thergaonkar, and Dorothy Vittner*)



## NFI Shop

NFI logo items are available for purchase at our NFI Shop. When you make a contribution to receive one of these NIDCAP branded gifts, you are supporting our mission to improve the future for all infants in hospitals and their families with individualized, developmental, family-centered, research-based NIDCAP care. Clothing, pens, stickers and more are available on the NFI Shop link (also from our [nidcap.org](http://nidcap.org) site).

[NFI Shop](#)

## NFI Member Accomplishments and Initiatives

### **CARDIAC NEURODEVELOPMENTAL ADVOCACY AND ENGAGEMENT AWARD**

National NIDCAP Training Center Director and NIDCAP Trainer, **Samantha Butler, PhD** was recognized with the Children's Heart Foundation Research Award for her research on the effects of developmental care on





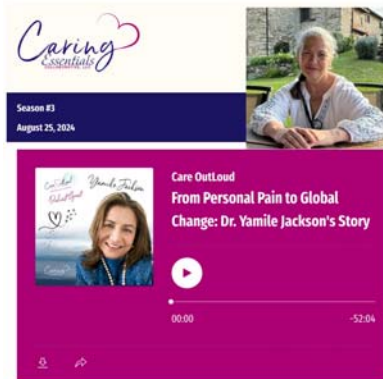
newborns with heart disease. She will receive this recognition on September 12th.



## Infant Feeding Educational Very Short Videos

NIDCAP Professional, **Erin Sundseth Ross, PhD, CCC-SLP, CLC** works to advance the practice of infant feeding using evidence-based methods, with an emphasis on neuroprotective caregiving and family inclusion. Please check out Erin's Facebook weekly series of true/false questions to inspire and support thoughtfulness around infant feeding:

<https://www.facebook.com/FeedingFUNdamentals/>



## Recent Newborn Care Podcasts

NFI Member, **Yamile Jackson, PhD, PE, PMP** was interviewed for two podcasts to discuss how she applies "ergonomics and safety engineering in (her) work to advocate for parents and babies."

Caring Essentials Podcast with Mary Coughlin (<https://www.courses-caringessentials.net/podcasts/care-outload/episodes/2148832516>) a)



BBC radio for "A better start" documentary (<https://www.bbc.co.uk/programmes/w3ct6x3z>)

# NFI Endorsement



## Foundational Education Program

The NFI has endorsed the **Compréhension du Langage de l'Enfant prématuré, CLE, Program** from the Brussels NIDCAP Training Center (*Delphine Druart* and *Laurence Grevesse*, 2019). From Program Chair, Dorothy Vittner, PhD, RN, FAAN: *We are confident that the NFI community will benefit from CLE Program which provides intermediate developmental care training based on the infant's behavior observation to support healthcare professionals' understanding of infant behavior.*

## NFI Endorsements

Please share conferences, meetings, and materials for NFI endorsement. Endorsements will be shared with our members and announcements posted on [nidcap.org](http://nidcap.org) and on our social media channels. Requests may be sent to [shareyourstory@nidcap.org](mailto:shareyourstory@nidcap.org).

# NFI Partnership



## FCC Taskforce Webinar

September 12, 2024, 11-12:30 pm PT

The NFI's organizational partner, the FCC Taskforce is holding a free webinar on the topic of: Improving Family Engagement in the NICU: The Colorado Experience and ICU baby's Work to Optimize NICU Health Literacy & Transportation Support.

Registration Link:

[https://stanforduniversity.qualtrics.com/jfe/form/SV\\_7QmVtGvnETQEJ3o?jfefe=new](https://stanforduniversity.qualtrics.com/jfe/form/SV_7QmVtGvnETQEJ3o?jfefe=new)



## NFI Board of Directors and Members 2024

The Board of Directors continues to meet monthly via Zoom. The full NFI Board of Director and Membership Meeting Minutes (when available) are posted within our website's Membership Section.

*Highlights from the video conference call meeting on Wednesday, August 21, 2024:*

- *The Board of Director Meeting Minutes from June 2024 were approved.*
- *Apoorva Sudini's term ended as a director of the Board.*
- *A discussion of providing discounted registration fees for NIDCAP Trainers Meeting attendees from low resource countries was held.*
- *Feedback received from the individual Board Directors regarding the future roles of President-Elect and President was presented and a discussion was held.*



Your feedback, questions, comments, NFI updates, and membership news written to me personally and/or to the whole board, are welcome.

Warm **NIDCAP** wishes,

Deborah

--

Deborah Buehler, PhD  
NIDCAP Federation International, President,  
Member of the Board  
Email: [nfipresident@nidcap.org](mailto:nfipresident@nidcap.org)

[Visit our website](#)



**Mentoring** Caregivers. **Changing** Hospitals.  
**Improving** the Futures for Newborns and Their Families.

## Contact Us & Stay Informed



NIDCAP Federation International, Inc.  
P.O. Box 3303  
Woburn, MA 01888



CONTACT US

NIDCAP Federation Internat'l | P.O. Box 3303 | Woburn, MA 01888 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!