

Open Day of the 36th NIDCAP Trainers Meeting

The 2025 Swedish/Danish Conference on Ultra-Early Intervention



Early Interaction Within a Nurturing Environment

Thursday, 18 September 2025

Comwell Portside
Copenhagen, Denmark



Schedule

Stina Klemming & Agnes Linnér, Moderators

07:30	Arrive at Comwell Portside	
07:45	Zoom Meeting Open – <i>Virtual participants encouraged to join early</i>	
08:00	Opening of the Meeting: Welcome from Local Hosts	Stina Klemming & Agnes Linnér
08:05	Welcome from NFI	Deborah Buehler
08:15	The Legacy of Heidelise Als	Dorothy Vittner
09:00	Parental Experience of Early Interaction with Two Sons	Linnéa H. Christenson
09:30	Synactive Guidance of Neurodevelopment: Waylon's Story	Juzer Tyebkhan
10:15	Break – <i>Sponsor Exhibits</i>	
11:00	The Awakening of the Newborn and the Emergence of Consciousness	Hugo Lagercrantz
11:30	Infant Brain Development in Relation to Attention and Interaction	Ulrika Ådén
12:00	The Inner Life of Young Infants - Embodied Processes	Gustaf Gredebäck
12:30	Lunch	
	<i>Sponsor Exhibits</i>	
13:30-	Poster Walk (<i>Brief Presentations</i>)	Ingrid Hanks Drielsma,
13:45	• <i>Obstetric and Neonatal Conditions and Associations with Early Skin-to Skin Contact - A Cross-sectional Study</i> (J. Neergaard Larsen)	Beverley Hicks, Moderators
	• <i>Safe Touch and Individualized Support: Integrating NIDCAP-based Care Strategies into Osteopathic Interventions</i> (S. O'Connor)	
14:00	The Triadic Relation During the First Year	Monica Hedenbro
14:30	Parents' Mental Health and Parent-Infant Relationship in NICU	Sari Alqvist-Björkroth
15:00	Early Connection through Skin-to-Skin Contact in the Delivery Room	Katrin Mehler
15:30	Break – <i>Sponsor Exhibits</i>	
16:15	Clinical Practice in Supporting Interaction, Connection and Attachment	
	• <i>The Immediate Parent Infant Skin-TO-skin Study</i>	Siri Lilliesköld
	• <i>The Early Collaborative Intervention</i>	Charlotte Sahlén Helmer
	• <i>An Interaction-based Early Intervention</i>	Erika Zettby
17:15	A Systems Perspective on IFCDC, Interaction and a Nurturing Environment	Björn Westrup
17:40	NIDCAP: Enhancing and Evolving Environments	Deborah Buehler
18:10	Save the date for the 17th Swedish Conference on Ultra-Early Intervention	Stina Klemming & Agnes Linnér
18:15	Adjourn	

Our Meeting is Sponsored by:



Speakers *(In alphabetical order by last name)*

Ulrika Ådén, MD, PhD, Neonatologist, Professor in Neonatology and Pediatrics Karolinska Institute and Linköping University, Sweden

Sari Alqvist-Björkroth, PhD, Associate Professor, Clinical and Developmental Psychology, Director, Close Collaboration with Parents Program, Department of Psychology and Speech-Language Pathology, University of Turku, Finland

Deborah Buehler, PhD, President, NIDCAP Federation International, Director, NIDCAP Master Trainer, APIB Master Trainer, West Coast NIDCAP & APIB Training Center, San Francisco, CA, USA,

Linnéa H Christenson, M.Sc. in Animal Science. Technical specialist of Liners and Tubes for DeLaval, Mother of Vilgot and Emil. Stockholm, Sweden

Gustaf Gredebäck, PhD, Professor of Developmental Psychology, Uppsala University, Uppsala Child and Baby Lab, Sweden

Monica Hedenbro, PhD, Psychotherapist, Department of Child and Youth Psychiatric Health, Karolinska Institute, Sweden

Stina Klemming, MD, Neonatologist, NIDCAP Trainer, Co-Director, Lund-Malmö NIDCAP Training and Research Center, previously Karolinska, Chair of the organizing committee for The Swedish Conference on Ultra-Early Intervention, Sweden

Hugo Lagercrantz MD, PhD, Editor-in-Chief, Acta Paediatrica, Professor Emeritus, Department of Women's and Children's Health, Karolinska Institute, Stockholm, Sweden.

Siri Lilliesköld, RN, PhD, Specialist Nurse in Pediatrics, Head Nurse, Neonatal Department, Karolinska University Hospital and Department of Women's and Children's Health, Karolinska Institute, Stockholm, Sweden

Agnes Linnér, MD, PhD, Neonatologist, Director Karolinska NIDCAP Center, Co-chair of the organizing committee for The Swedish Conference on Ultra-Early Intervention, Head of Neonatology Karolinska University Hospital Huddinge. CInTech, Karolinska Institute, Stockholm, Sweden

Katrin Mehler, MD, PhD, Associate Professor, Department of Pediatrics, University of Cologne, Deputy Head of the Department of Neonatology, University Hospital of Cologne, Cologne, Germany

Charlotte Sahlén Helmer, RN, PhD, NIDCAP Professional, Department of Neonatology, Crown Princess Victoria's Child and Youth Hospital in Linköping, Linköping University, Sweden

Juzer Tyebkhan, MBBS, FRCPC, Neonatologist and Associate Clinical Professor, Stollery Children's Hospital and University of Alberta, Edmonton; NIDCAP Trainer and Co-Director, Edmonton NIDCAP Training Centre Canada

Dorothy Vittner, PhD, RN, FAAN, Program Committee Chair, NIDCAP Federation International, Senior NIDCAP Trainer, Associate Professor, Director Post Masters DNP Program, Egan School of Nursing and Health Studies, Fairfield University, Fairfield, Connecticut, USA,

Björn Westrup, MD, PhD, Neonatologist, NIDCAP Professional, Founder and Board member of Karolinska NIDCAP Training & Research Center. Researcher, Dept Women's & Children's Health, Karolinska Institute, Stockholm, Sweden

Erika Zettby (previously Baraldi), PhD, lic. Psychologist, Department of Special Education, Stockholm University, Sweden

Presented and hosted by the NIDCAP Federation International and NIDCAP Centers of Sweden and Denmark

