



Celebrating 25 Years of the NFI Honoring the Past, Shaping the Future

Transforming Care Worldwide

15 October 2026

Online Meeting

Hosted by the NIDCAP Federation International



Thursday, 15 October 2026, Open Day

EDT **Note: All times are in Eastern Daylight Time (EDT)**

07:45 Zoom Meeting Open – All participants encouraged to join early

08:00 Opening of the Meeting: Welcome from the NFI

Deborah Buehler

08:05 The Legacy of Heidelise Als: *The Brilliance of the Synactive Theory and NIDCAP*

gretchen Lawhon

08:55 Session I: QI SIG Session

Maria Maestro, Isabelle

Milette, Moderators

Nadine Griffiths

Mairead Sheehy

Chelsea Randall

Brittney Dixon

Samantha Butler

Maria Maestro, Isabelle

Milette, Deborah Paul

- Overview of QI - Metrics, Processes and Procedures Used
- Cycled Lighting for the Premature Infant: A Quality Improvement Initiative
- First Oral Feeding - Multisite
- Feeding and NIDCAP
- International Benchmarking & Multisite NIDCAP QI Collaborative
- Q & A and Next Steps

10:20 Short Break

10:35 Session II: Listening to and Supporting Infants, Families and Professionals – *Shaping the future*

- Adults Born Preterm: Long-Term Perspectives and Lived Experience
- From Theory to Practice: The Golden Hour - Bonding in the Delivery Room
- The Role of NIDCAP Professionals: Supporting Infants, Families and Care Teams

Ingeborg Anna Martens

Thomas Kühn

Susan Horner

12:00 Break for Nourishment | Networking | Visit Sponsor Hall

13:00 Session II, Cont: Listening to and Supporting Infants, Families and Professionals – *Shaping the future*

- The Family Room Experience: Creating Spaces for Connection, Support and Participation
- Family Advisory Boards: How to Build, Implement and Maximize Impact
- Integrating Parent Reflections into NIDCAP Practice and Care

Maria Lopez Maestro

Jennifer Degl

Beverley Hicks

Nikk Conneman, Moderator

Sandra Lescure

14:25 Session III: Abstracts

- Lower Pain Scores, Reduced Stress Behaviours, and Increased Parental Presence Following Formalized Supportive Care Based on NIDCAP during Retinopathy of Prematurity Eye Screening Examinations
- Mother-Newborn Couplet Care in Denmark: A National Cross-sectional Survey of Clinical Practices and Challenges

Joan Neergard Larsen

14:55 Short Break

15:10 Session IV: Advancing NIDCAP Approach: Research, Systems and Sustainability

- NNP Implementation and Impact on Care and Systems
- The NFI E-Learning Center: Expanding Knowledge and Supporting Practice

Bonni Moyer

Nadine Griffiths

16:10 Final Reflection

Jean Powlesland

16:25 Acknowledgements

Deborah Buehler

16:30 Adjourn