



Celebrating 25 Years of the NFI
Honoring the Past, Shaping the Future
Transforming Care Worldwide

15 October 2026

Online Meeting

Hosted by the NIDCAP Federation International



Eva Jorgensen (AM),
 Sandra Costa (PM),
 Moderators

Thursday, 15 October 2026, Open Day

EDT ***Note: All times are in Eastern Daylight Time (EDT)***

07:45 Zoom Meeting Open – All participants encouraged to join early

08:00 Opening of the Meeting: Welcome from the NFI

Deborah Buehler

08:05 The Legacy of Heidelise Als: *The Brilliance of the Synactive Theory and NIDCAP*

gretchen Lawhon

08:55 Session I: Connecting, Learning, Improving: An International NIDCAP Quality Improvement Session

Maria Maestro, Isabelle Milette, Moderators

- Overview of QI - Metrics, Processes and Procedures
- Feeding and NIDCAP QI
- First Oral Feeding – Multisite QI
- Cycled Lighting for the Premature Infant: A Quality Improvement Initiative
- International Benchmarking & Multisite NIDCAP QI Collaborative
- Question & Answer Session and Next Steps

Nadine Griffiths

Brittney Dixon

Chelsea Randall

Mairead Sheehy

Samantha Butler

Session Moderators

10:20 Short Break

10:35 Session II: Listening to and Supporting Infants, Families and Professionals – *Shaping the future*

- Adults Born Preterm: Long-Term Perspectives and Lived Experience
- From Theory to Practice: The Golden Hour - Bonding in the Delivery Room
- The Role of NIDCAP Professionals: Supporting Infants, Families and Care Teams
- Question & Answer Session

Ingeborg Anna Martens

Thomas Kühn

Susan Horner

12:00 Sponsor Hall (Representatives present for demonstration and questions)

12:25 Mid-Day Break (Nourishment / Networking / Sponsor Hall Open)

13:25 Session II, Cont: Listening to and Supporting Infants, Families and Professionals – *Shaping the future*

- The Family Room Experience: Creating Spaces for Connection, Support & Participation
- Integrating Parent Reflections into NIDCAP Practice and Care
- Question & Answer Session

Maria Lopez Maestro

Beverly Hicks

14:25 Session III: Abstracts

Nikk Conneman, Moderator

- Reducing Pain and Stress during Retinopathy of Prematurity Screening through a structured NIDCAP-based Supportive Protocol
- Mother-Newborn Couplet Care in Denmark: A National Cross-sectional Survey of Clinical Practices and Challenges
- Question & Answer Session

Sandra Lescure

Joan Neergard Larsen

14:55 Short Break

15:10 Session IV: Advancing NIDCAP Approach: Research, Systems and Sustainability

- From Manual to Meaningful Change: Using the NIDCAP Manual to Improve Healthcare
- NIDCAP Learning Center: A New Home for Learning

Bonni Moyer

Nadine Griffiths

16:10 Final Reflection

Jean Powlesland

16:25 Acknowledgements

Deborah Buehler

Our Meeting is Sponsored by:

